



Janki Devi Memorial College

University of Delhi

JDMC-IQAC

Counselling Committee

2024-2025

Topic: Achieving Goals and Staying Motivated





Date: 23.08.2024

Topic of the event:	Achieving Goals and Staying Motivated
Date:	23. 08. 2024
Name of the organizer (s):	Counselling Committee, JDMC, DU
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Intra-college
Objectives of the event:	To help students identify and articulate their personal, academic and career goals.
Name and Affiliation of the Resource person (<i>if applicable</i>):	Ms. Niharika Gupta, Counselling Psychologist, JDMC, DU
No. of Students Present	40

Brief Report

The Counselling Session on “Achieving your Goals and Staying Motivated” held at Room No. 66 of JDMC College on August 23, 2024, commenced at 12:00 PM. With over 40 students participating, the event began with the understanding of internal and external motivation. The students did an activity from which they understood to make crystal clear goals. The event witnessed enthusiastic participation from political science department. The session provided a fruitful opportunity to divide long term goals and short term goals and take action steps accordingly.

Poster of the event (English and Hindi):

JANKI DEVI MEMORIAL COLLEGE
(University of Delhi)

under the aegis of **IQAC**


COUNSELLING COMMITTEE

in collaboration with

DEPARTMENT OF POLITICAL SCIENCE

organises a counselling session on

Achieving Your Goals and Staying Motivated



Speaker:-

Ms. Niharika Gupta
(Counselling Psychologist)

**25rd August,
2024**

**Room
Number 66**

**12 PM
to 1 PM**

Dr. Debahuti Brahmachari
Dr. Kush Kumar Gayasen
Ms. Shalini Singh
(ASSOCIATION IN-CHARGES)

Iffat Aurooj
Shahida Mushtaq
(STUDENT CO-ORDINATORS)

Dr. Poonam Kanwal
(TEACHER IN CHARGE)

Dr. Poonam Kanwal
(CONVENOR Counselling Committee)
Dr. Sonal Jain
(CO-CONVENOR Counselling Committee)
Dr. Vineta Bhatt
(TEACHER CO-ORDINATOR Counselling Committee)

Prof. Payal Nagpal
(IQAC COORDINATOR)

Prof. Swati Pal
(PRINCIPAL)






जानकी देवी मेमोरियल कॉलेज
(दिल्ली विश्वविद्यालय)

IQAC के तत्वावधान में

परामर्श समिति

राजनीति विज्ञान विभाग

के सहयोग से

अपने लक्ष्यों को प्राप्त करना और प्रेरित रहना

पर एक परामर्श सत्र का आयोजन करता है



वक्ता:-

सुश्री निहारिका गुप्ता
(परामर्श मनोवैज्ञानिक)

**23 अगस्त,
2024**

**कमरा
संख्या 66**

**दोपहर 12 बजे
से 1 बजे तक**

डॉ. देबाहुति ब्रह्मचारी
डॉ. कुश कुमार गायसेन
शुक्ली शालिनी सिंह
(एसोसिएशन प्रभारी)

डायमल अकरोज
शाहिदा मुश्ताक
(छात्र समन्वयक)

डॉ. पूनम कान्वल
(प्रभारी शिक्षक)

डॉ. पूनम कान्वल
(समीपक परामर्श समिति)
डॉ. सोनल जैन
(सहा-समीपक परामर्श समिति)
डॉ. विनेता भट्ट
(शिक्षक समन्वयक परामर्श समिति)

डॉ. पायल नागपाल
(आईक्यूएसी समन्वयक)

डॉ. स्वर्णि पाल
(प्रधाना)

Record of Attendance (Photos of attendance record):

<u>22/8/21 Attendance Sheet</u>		
<u>Name</u>	<u>Year</u>	<u>Course</u>
Sneha Gupta	3rd	BA Hons Political Science
Rishika Sharma	2nd	BA Hons Political Science
Shivangi Sureshastava	2nd	"
Siya Sharma	2nd	BA Hons Political Science
Bhoomi Parwal	2nd	BA Hons Political Science
Jacklin Raj	2nd	BA Hons Political Science
Apoorva Raj	2nd	B.A Honours Political Science
Naman Nathani	2nd	B.A Honours Political Science
Simran	2nd	BA Hons Political Science
Muskan Gupta	2nd	BA Hons Political Science
Rajkumari	2nd	"
Sanjali Kumari	2nd	"
Simran Kumari	2nd	"
Nandani Verma	3rd	BA (Hons) Political Science
Khushi	2nd	BA (Hons) Political Science
Parul	2nd	"
Jynda	2nd	"
Diksha	2nd	"
Shilpa (656)	2nd	BA (Hons) Pol Sci
Palak Baghel	3rd	BA (Hons) Political Science
Nehaika Gupta	2nd	B.A [H] Political Science
Sakshi Pathania	2nd	B.A [H] Political Science
Chitraksha	3rd	BA [H] Political Science
Saloni	3rd	BA [H] Political Science

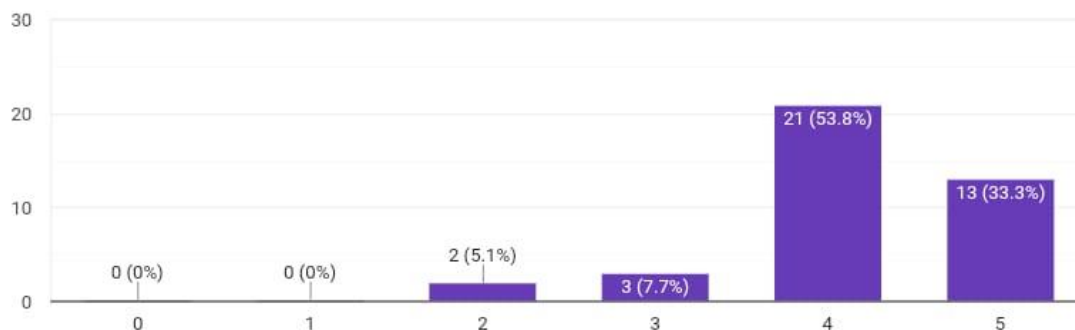
Gurpreet	3rd	political sci Hons.
Honey	2nd	B.A political Sci Hons.
Sonam (1087)	3rd	B. A political Sci Hons.
Roshni (1225)	3rd	B. A political sci, Hons.
Habnichoi (1087)	2nd	B.A. Hons. Pol. Sci.
Julie (1093)	2nd	B.A. Hons Political Science
Zeenat (1227)	3rd	"
Parvika 171		
Sonam Arora 1026	2nd	B. A Hons Political Science
Abhinaya 922	2nd	B.A. Hons Pol. Science
Himanshi 1072	3rd	BA Hons Pol Sci.
Kuldeep Kumar 695	3rd	"
Shivani Bhatti 677	"	"
Neha (722)	3rd	BA (H) B.I. Sci
Vijaysha Bora (1050)	2nd	"
Iha Sharma	2nd	"

Sample of feedback/ evaluation form (5 MCQ questions) (Should include satisfaction of participants, suggestions):

On a scale of 0 to 5 with zero being very bad and 5 being very good; rate your experience



39 responses



Geotagged pictures of the event with captions (*Geotagged if offline, Screenshots if online*):





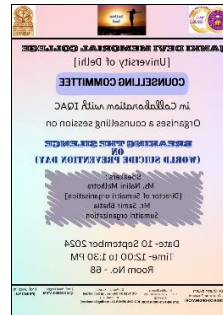
**Topic- Breaking the Silence on World Suicide Prevention Day****Date: September 10, 2024**

Name of the event:	Breaking the Silence on World Suicide Prevention Day
Name of the organizer (s):	Counselling Committee
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Intra college Counselling Session
Objectives of the event:	To familiarise and sensitise students towards mental health issues and suicide. Also, to teach the importance of listening and being there for the ones in need.
Name and Affiliation of the Resource person (<i>if applicable</i>):	Dr. Poonam Kanwal, Dr. Sonal Jain, Dr. Khurshid Alam and Mrs. Anuradha Goswami

Brief Report**Topic- Breaking the Silence on World Suicide Prevention Day****Date: September 10, 2024****Venue: Room No. 68, 12:00 – 01:30 PM****Number of participants: 85**

Under the aegis of IQAC, the Counselling Committee of Janki Devi Memorial College conducted a session on "Breaking the Silence" on the World Suicide Prevention Day in Room no. 68 on September 10, 2024, from 12 PM onwards. Sumaitri's Director Mrs. Nalini Malhotra and Trainer Mr. Samir Bhatia took the stage as the distinguished speakers. With 85 students and members attending the session, Mr. Bhatia commenced the session by sensitising and enlightening students about mental health issues while simultaneously breaking the taboos associated with suicide. During the discourse, he guided the students through the intricate process of how to identify someone with suicidal tendencies, how to be an active listener and to be there for the ones in need. The speaker talked about how conversations about suicide are not easy, but they are necessary. Mr. Bhatia concluded the session by saying that with the right awareness, support, and action, we can all contribute towards building a community that fosters care, compassion, and mental well-being. The session was very interactive, with valuable insights presented by both the distinguished Speaker and the enthusiastic students.

Poster of the event (English and Hindi):



Record of Attendance (Photos of attendance record):

Sl. No.	Name	Roll No.	Signature
1	Adarsh Kumar	2101010101	
2	Adarsh Kumar	2101010102	
3	Adarsh Kumar	2101010103	
4	Adarsh Kumar	2101010104	
5	Adarsh Kumar	2101010105	
6	Adarsh Kumar	2101010106	
7	Adarsh Kumar	2101010107	
8	Adarsh Kumar	2101010108	
9	Adarsh Kumar	2101010109	
10	Adarsh Kumar	2101010110	
11	Adarsh Kumar	2101010111	
12	Adarsh Kumar	2101010112	
13	Adarsh Kumar	2101010113	
14	Adarsh Kumar	2101010114	
15	Adarsh Kumar	2101010115	
16	Adarsh Kumar	2101010116	
17	Adarsh Kumar	2101010117	
18	Adarsh Kumar	2101010118	
19	Adarsh Kumar	2101010119	
20	Adarsh Kumar	2101010120	

Sl. No.	Name	Roll No.	Signature
21	Adarsh Kumar	2101010121	
22	Adarsh Kumar	2101010122	
23	Adarsh Kumar	2101010123	
24	Adarsh Kumar	2101010124	
25	Adarsh Kumar	2101010125	
26	Adarsh Kumar	2101010126	
27	Adarsh Kumar	2101010127	
28	Adarsh Kumar	2101010128	
29	Adarsh Kumar	2101010129	
30	Adarsh Kumar	2101010130	
31	Adarsh Kumar	2101010131	
32	Adarsh Kumar	2101010132	
33	Adarsh Kumar	2101010133	
34	Adarsh Kumar	2101010134	
35	Adarsh Kumar	2101010135	
36	Adarsh Kumar	2101010136	
37	Adarsh Kumar	2101010137	
38	Adarsh Kumar	2101010138	
39	Adarsh Kumar	2101010139	
40	Adarsh Kumar	2101010140	

Sl. No.	Name	Roll No.	Signature
41	Adarsh Kumar	2101010141	
42	Adarsh Kumar	2101010142	
43	Adarsh Kumar	2101010143	
44	Adarsh Kumar	2101010144	
45	Adarsh Kumar	2101010145	
46	Adarsh Kumar	2101010146	
47	Adarsh Kumar	2101010147	
48	Adarsh Kumar	2101010148	
49	Adarsh Kumar	2101010149	
50	Adarsh Kumar	2101010150	
51	Adarsh Kumar	2101010151	
52	Adarsh Kumar	2101010152	
53	Adarsh Kumar	2101010153	
54	Adarsh Kumar	2101010154	
55	Adarsh Kumar	2101010155	
56	Adarsh Kumar	2101010156	
57	Adarsh Kumar	2101010157	
58	Adarsh Kumar	2101010158	
59	Adarsh Kumar	2101010159	
60	Adarsh Kumar	2101010160	

Sl. No.	Name	Roll No.	Signature
61	Adarsh Kumar	2101010161	
62	Adarsh Kumar	2101010162	
63	Adarsh Kumar	2101010163	
64	Adarsh Kumar	2101010164	
65	Adarsh Kumar	2101010165	
66	Adarsh Kumar	2101010166	
67	Adarsh Kumar	2101010167	
68	Adarsh Kumar	2101010168	
69	Adarsh Kumar	2101010169	
70	Adarsh Kumar	2101010170	
71	Adarsh Kumar	2101010171	
72	Adarsh Kumar	2101010172	
73	Adarsh Kumar	2101010173	
74	Adarsh Kumar	2101010174	
75	Adarsh Kumar	2101010175	
76	Adarsh Kumar	2101010176	
77	Adarsh Kumar	2101010177	
78	Adarsh Kumar	2101010178	
79	Adarsh Kumar	2101010179	
80	Adarsh Kumar	2101010180	

Sample of feedback/ evaluation form (5 MCQ questions) (Should include satisfaction of participants, suggestions):

FEEDBACK FORM FOR BREAKING THE SILENCE : COUNSELLING SESSION

Form description

Email *

Short answer text

Mention your full name *

Short answer text

Course *

Short answer text

Year *

☐ 1st

☐ 2nd

☐ 3rd

Contact Number *

Short answer text

How did you find the session? *

☐ Excellent

☐ Good

☐ Poor

Did you like the talk and the discussion that followed *

☐ Yes

☐ No

Did you learn something from the Session? *

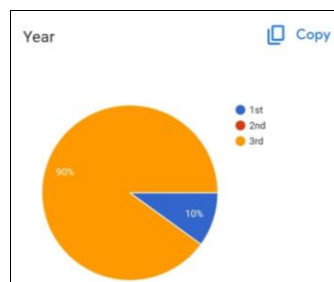
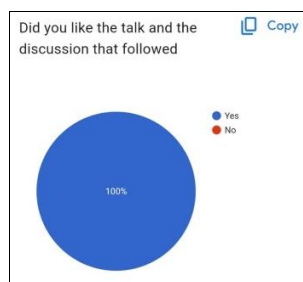
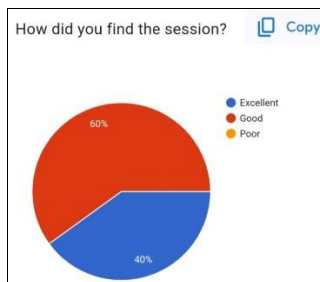
☐ Yes

☐ No

Please mention your comments or suggestions.

1 short answer text

Effectiveness Evaluation Document (Pie charts):



Geotagged pictures of the event with captions (*Geotagged if offline, Screenshots if online*):



Topic- Self-awareness and Effective Communication**Date: October 15, 2024**

Name of the Event	'Self-awareness and Effective Communication'
Date of the Event	15 th October 2024
Name of the Organizer (s):	Dr Meenakashi (Counselling Coordinator); Dr. Poonam Kanwal (Convenor, Counselling Committee); Dr. Sonal Jain (Co-Convenor, Counselling Committee)
Type of Event:(intra-college/inter-college/ state/ national or any other collaboration)	Counselling Session
Objectives of the event:	To bring Self Awareness amongst students.
Name and Affiliation of the Resource person (if applicable):	Ms. Niharika Gupta (Counselling Psychologist)
Name and Affiliation of Prize winner of the event (If applicable):	NA

Brief Report

On October 15, 2024, a workshop on '**Self-awareness and Effective Communication**' was conducted for students of the Hindi Department. The event was organized by Dr. Meenakashi and Dr. Poonam Kanwal, and mentored by Ms. Niharika Gupta.

During the session, students explored the concept of self-awareness, its significance, and strategies to cultivate awareness of their behaviors in daily life. They also learned how self-awareness plays a crucial role in effective communication. The workshop concluded with an engaging art activity, "Draw Your Animal," where students illustrated animals that represented their internal characteristics and strengths. It was attended by around 40 students.



JANKI DEVI MEMORIAL COLLEGE
(University Of Delhi)

Department of Hindi

(Under the aegis of the IQAC)

The Counselling Committee

Organizes a

SPECIAL SESSION

TOPIC

How to be Self-Aware
and Communicate Effectively

Date : 15 OCTOBER 2024

Time : 12:00PM to 01:00PM

Venue: Room No.17

FOR STUDENTS OF HINDI HONOURS

Meenakshi
Coordinator
Counselling Committee

Dr. Sonal Jain
Co-Convenor
Counselling Committee

Dr. Poonam Kanwal
Convenor
Counselling Committee

Prof. Payal Nagpal
(IQAC Coordinator)

Prof. Swati Pal
Principal, JDMC



जानकी देवी मेमोरियल कॉलेज
(दिल्ली विश्वविद्यालय)

हिंदी विभाग

(आईक्यूएसी के तत्वावधान में)

परामर्श समिति

के सौजन्य से आयोजित

विशेष सत्र

आत्म-जागरूक कैसे बनें और
प्रभावी ढंग से संवाद कैसे करें

दिनांक : 15 अक्टूबर 2024

समय : 12:00 से 01:00 बजे तक

स्थान : कमरा नं 17

हिंदी विशेष के विद्यार्थियों के लिए

मीनाक्षी
समन्वयक
परामर्श समिति

डॉ. सोनल जैन
सह संयोजक
परामर्श समिति

डॉ. पूनम कंवल
संयोजक
परामर्श समिति

प्रो. पायल नागपाल
(आईक्यूएसी समन्वयक)

प्रो स्वाति पाल
प्राचार्य





Delhi, Delhi, India

MAIN CAMPUS, JANKI DEVI MEMORIAL COLLEGE, J.D.M.C Rd, Old Rajinder Nagar,
Rajinder Nagar, Delhi, 110001, India

Lat 28.64201°

Long 77.191587°

15/10/24 01:00 PM GMT +05:30



GPS Map Camera

15/10/2024

S.No.	Name	Roll No	year	Sign
1.	Drishity Gupta	1165	2 nd	<u>Drishity Gupta</u>
2.	Archana	1178	2 nd	<u>Archana</u>
3.	Khusi	1174	2 nd	<u>Khusi</u>
4	Sanjana	1206	2 nd	<u>Sanjana</u>
5	Kumud	1425	2 nd	<u>Kumud</u>
6	Priyanshi	808	2 nd	<u>Priyanshi</u>
7	Pooja	466	3 rd	<u>Pooja</u>
8	Noor Fatima	454	3 rd	<u>Noor Fatima</u>
9.	Sabreen Parveen	1033	3 rd yr.	<u>Sabreen</u>
10	Rinki	470	3 rd yr.	<u>Rinki</u>
11.	Aditi	1684	3 rd year	<u>Aditi</u>
12.	Swatee	1271	3 rd year	<u>Swatee</u>
13.	Neeru Kumari	1458	3 rd year	<u>Neeru</u>
14	Sakshi Jha	462	1 st year	<u>Sakshi</u>
15	Laxmi	284	1 st year	<u>Laxmi</u>
16.	Grungun	374	1 st year	<u>Grungun</u>
17.	SALONI	677	1 st year	<u>Saloni</u>
18.	MUSKAN	933	1 st year	<u>Muskan</u>
19.	Sabreen	2019	1 st year	<u>Sabreen</u>
20	Pooja	107	1 st year	<u>Pooja</u>
21	Laxmi	2024	1 st year	<u>Laxmi</u>
22	Bushra	982	1 st year	<u>Bushra</u>

24	Naima	1617	1 st year	naima
25	Deeya	2020	1 st year	Deeya
26	Shivani	404	1 st year	Shivani
27	Dishika Rustagi	765	1 st year	Dishika
28	Poonam	759	1 st year	Poonam
29	Ankita	1755	3 rd year	Ankita
30	Greta Greta	1756	3 rd year	Greta
31	Priti	1490	3 rd year	Priti
32	Shashi	1929	2 nd year	Shashi
33	Payal Singh	1190	2 nd year	Payal Singh
34	Damini Raj	1195	2 nd year	Damini Raj
35	Neta		2 nd year	Neta
36	Neta	1662	2 nd year	Neta
37	Khashkuma	1184	2 nd year	Khashkuma
38	Shivi	1275	2 nd year	Shivi
39	Shimpi	1924	2 nd year	Shimpi
40	Garima Upadhyay	1175	2 nd year	Garima

Topic- A Place that works for everyone - Creating an inclusive world**Date: 18th November 2024**

Name of the Event	'A Place that works for everyone - Creating an inclusive world'
Date of the Event	18 th November 2024
Name of the Organizer (s):	Dr. Vandana and Dr. Sana Rehman (Counselling Coordinator); Dr. Poonam Kanwal (Convenor, Counselling Committee); Dr. Sonal Jain (Co-Convenor, Counselling Committee)
Type of Event:(intra-college/inter-college/ state/ national or any other collaboration)	Counselling Session
Objectives of the event:	To help raise awareness about disability and inclusivity.
Name and Affiliation of the Resource person (if applicable):	Ms. Geeta Mondol (Director of Community with Keystone Human Services India Association)
Name and Affiliation of Prize winner of the event (If applicable):	NA

Brief report-

The seminar commenced with a warm welcome to the speaker and the students. Dr. Mondal began her presentation by emphasizing that disability is not the defining characteristic of an individual. She stressed that disability is just a part of a person's life, and it should not dictate their entire existence.

Dr. Mondal highlighted the importance of creating an inclusive world where people with disabilities have equal opportunities to participate and contribute. She discussed various strategies for promoting inclusivity, such as accessible infrastructure, inclusive education, and employment opportunities. The speaker also shared several inspiring stories of individuals with disabilities who have overcome challenges and achieved success in their respective fields. These stories served as a powerful reminder that people with disabilities are capable of achieving great things when given the right opportunities. Overall, the seminar was a huge success, and it helped to raise awareness about the importance of creating an inclusive world.

The event was well-attended by students, faculty members, and guests from outside the college. The event was attended by around 70 students.



JANKI DEVI MEMORIAL COLLEGE

(UNIVERSITY OF DELHI)

COUNSELLING COMMITTEE

Under the aegis of IQAC

invites all to an

Interactive Session

on the topic

A Place that works for everyone- Creating an inclusive world

by
Geeta Mondol

Director Of Community Programs with
Keystone Human Services India association



DATE	TIMINGS	VENUE
November 18, 2024	12 Noon	Room 16

DR. VANDANA DR. SANA REHMAN (COORDINATORS)	DR. POONAM KANWAL DR. SONAL JAIN (CONVENORS)	PROF. PAYAL NAGPAL (IQAC COORDINATOR)	PROF. SWATI PAL (PRINCIPAL)
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जानकी देवी मेमोरियल कॉलेज (दिल्ली विश्वविद्यालय)

कॉउंसलिंग कमेटी
आइक्यूएसी के तत्वावधान में

सभी को आमंत्रित करता है
संवादात्मक सत्र
के लिए
सभी के लिए उपयुक्त स्थान -
एक समावेशी दुनिया बनाना
वक्ता
गीता मंडल

कीस्टोन ह्यूमन सर्विसेज इंडिया एसोसिएशन में
समुदाय कार्यक्रम निदेशक



दिनांक	समय	स्थान
नवंबर 18, 2024	12 बजे	कमरा 16

डॉ. वंदना
डॉ. सना रहमान
(समन्वयक)

डॉ. पूनम कंवल
डॉ. सोनल जैन
(संयोजक)

प्रो*. पायल नागपाल
(आईक्यूएसी समन्वयक)

प्रो. स्वाति पाल
(प्राचार्य)







GPS Map Camera



Google

Delhi, Delhi, India
Hall, Janki Devi Memorial College, Old Rajinder
Nagar, Rajinder Nagar, Delhi, 110001, India
Lat 28.64182° Long 77.192071°
18/11/24 12:45 PM GMT +05:30

18 th Nov, 2024 Counselling Committee				
Year	Name	Roll No.	Course	Signature
1 st	Rashmi Jain	812	B.A (Hons) History	Rashmi
1 st	Subani Kumari	812	B.A (Hons) History	Subani
1 st	Quanta Kumari	615	B.A (Hons) Political Science	Quanta
1 st	Manchal Singh	322	BA (Hons) History	Manchal
1 st	Tishi Singh	1390	BA (Hons) History	Tishi
1 st	Ritika	1620	BA (Hons) History	Ritika
1 st	Swati	1625	BA (Hons) History	Swati
1 st	Smriti Chaudhary	1948	BA (Hons) History	Smriti
1 st	Seetu	1771	BA (Hons) History	Seetu
1 st	Elat Ayub	1379	BA (Hons) History	Elat
1 st	Pallavi Singh	1465	BA (Hons) History	Pallavi
1 st	Pariyanka	1496	BA (Hons) History	Pariyanka
1 st	Meha	1416	BA (Hons) History	Meha
1 st	Alaya Phule	1574	BA (Hons) History	Alaya
1 st	Aniketia	323	BA (Hons) History	Aniketia
1 st	Ankita Mandal	320	BA (Hons) History	Ankita
1 st	Sneha Mukherjee	722	BA (Hons) History	Sneha
2 nd	Bhumika	1897	B.com (P)	Bhumika
2 nd	Kasak Yadav	366	B.com (P)	Kasak
2 nd	Renu Bhanu	1881	B.com (P)	Renu Bhanu
3 rd	Chandni Kumari	856	B.com (Hons)	Chandni
3 rd	Pooja	466	BA (Hons) History	Pooja
3 rd	Neha Kumari	1458	BA (Hons) History	Neha
3 rd	Aditi	1624	BA (Hons) History	Aditi
3 rd	Ankita	1355	BA (Hons) History	Ankita
3 rd	Arushi	1956	BA (Hons) History	Arushi
3 rd	Lavanya	869	B.com Program	Lavanya
3 rd	Prochi	563	B.com (P)	Prochi
3 rd	Anuska Yadav	611	B.com (P)	Anuska
1 st	Siksha Brahmachari	1136	BA-Hindi (Hons)	Siksha
1 st	Niharika Brahmachari	1780	BA-Hindi (Hons)	Niharika

			Classmate
Rank	Name	Roll No.	Course
1 st year	Neha Kumari	280	B.A. Hindi (Hons)
1 st year	RINKI	440	B.A. Hindi (Hons)
1 st year	Prityanka Kumari	1586	B.A. (Hons) Pol. Science
2 nd year	Khushi	51	B.A. (Hons) Hindi
2 nd year	Sachna	1086	B.A. (Hons) Hindi
2 nd year	Pratima	1403	B.A. (Hons) Hindi
2 nd year	Bhauwagaadwar	1406	B.A. (Hons) Hindi
2 nd year	Gaurav Upadhyay	1175	B.A. (Hons) Hindi
2 nd year	Shikha	1612	B.A. (Hons) Hindi
1 st year	Sevati Yadav	1349	B.A. (Hons) History
1 st year	Rashmimagar	24PS188	B.A. (Hons) Pol. Sci.
1 st year	Shikha Raj	1760	B.A. (Hons) Pol. Sci.
1 st year	Rakhi	1630	B.A. (Hons) Pol. Sci.
1 st year	Poonam	1588	B.A. (Hons) Pol. Science
1 st year	Hanishka Chauri	1653	B.A. (Hons) Pol. Science
1 st year	Vinoda Sharma	614	B.A. (Hons) Pol. Science
1 st year	Sonika	1641	B.A. (Hons) Pol. Science
1 st year	Muskan Prasad	1666	B.A. (Hons) Pol. Science
1 st year	Muskan Lather	1282	B.A. (Hons) History
1 st year	Kushuma Sano	1184	B.A. (Hons) Hindi
1 st year	Poochi Yadav	1464	B.A. (Hons) History
1 st year	Prityanka	808	B.A. (Hons) Hindi
1 st year	Neha	14	B.A. (Hons) Hindi
1 st year	Sapna Yadav	1216	B.A. (Hons) Hindi
1 st year	Shashi	1929	B.A. (Hons) Hindi
1 st year	Komol	1925	B.A. (Hons) Hindi
1 st year	Sanjana	1206	B.A. (Hons) Hindi
1 st year	Divya	1183	B.A. (Hons) Hindi
1 st year	Anita	1236	B.A. (Hons) Hindi
1 st year	Rishi Sani	1861	B.A. (Hons) Hindi
1 st year	Vanya	1773	B.A. (Hons) Hindi
1 st year	Sabina Parveen	1033	B.A. (Hons) Hindi
1 st year	Atak Singh	1597	B.A. (Hons) Hindi
1 st year	Divya Dhevi	1566	B.A. (Hons) Hindi

			Classmate
Rank	Name	Roll No.	Course
1 st year	Anushka	1436	B.A. (Hons) Pol. Sci.
1 st year	Nishu	269	B.A. (Hons) History
1 st year	Poochi	1621	B.A. (Hons) Pol. Sci.
1 st year	Sakshi Singh	1583	B.A. (Hons) Pol. Science
1 st year	Aksha	1314	B.A. (Hons) Pol. Science
1 st year	Sana Raut	1238	B.A. (Hons) Pol. Science
1 st year	Anshul	1427	B.A. (Hons) Pol. Science
Team Members			
1 st year	Dorothy Narayan	1683	B.A. (Hons) Pol. Sci.
1 st year	Anushka Yadav	611	B.A. (Hons) Pol. Sci.
1 st year	Sakshi Singh	1583	B.A. (Hons) Pol. Sci.
1 st year	Sakshi	523	B.A. (Hons) Pol. Sci.
1 st year	Kavita	1645	B.A. (Hons) Pol. Sci.
1 st year	Shikha	522	B.A. (Hons) Pol. Sci.

Topic: Is Your Monkey Brain Making You Unhappy?

Date: 28th January 2025

Topic of the event:	Is your Monkey Brain Making You Happy?
Date:	28 th January 2025
Name of the organizer (s):	Department of Mathematics & Counselling Committee
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Intra-college
Objectives of the event:	To raise awareness about stress management, its impact on well-being, and effective strategies for maintaining mental health.
Name and Affiliation of the Resource person (<i>if applicable</i>):	Dr. Rekhi Singh Rekhi Foundation, New Delhi, Delhi
No. of Students Present	102

Brief Report



Under the aegis of IQAC, the Counselling Committee, in collaboration with the Department of Mathematics at Janki Devi Memorial College, organized a special session on stress management titled "*Is Your Monkey Brain Making You Unhappy?*" on January 28, 2025. The session took place in Room No. 40, starting at 12:00 PM, and was attended by 102 students.


The event commenced with an introduction to the speaker, Dr. Rekhi Singh, who provided valuable insights into the concept of stress, its various types, and the influence of the "monkey brain" on mental and physical well-being. He highlighted both the positive and negative aspects of this instinct-driven part of the brain and engaged students in interactive activities where they shared their thoughts on different mental health issues.

Dr. Singh emphasized the importance of prioritizing one's health and encouraged students to adopt mindful practices for overall well-being. The session concluded with a lighthearted video demonstrating how laughter can enhance happiness, leading to an engaging and joyful experience for all participants.

His extensive knowledge, combined with the enthusiasm of the attendees, contributed to the session's success, making it both informative and impactful.

Poster of the event:





JANKI DEVI MEMORIAL COLLEGE
(University of Delhi)


THE COUNSELLING COMMITTEE
&
THE DEPARTMENT OF MATHEMATICS
(Under the aegis of IQAC)

ORGANISES A SPECIAL SESSION ON
STRESS MANAGEMENT


"IS YOUR MONKEY BRAIN MAKING YOU UNHAPPY?"

 **JANUARY 28, 2025**

 **12:00 NOON**

 **ROOM NO. 14**

SPEAKER



DR. REKHI SINGH

DR. MANISH CHALHAN
MR. VIKENDRA SINGH
(COORDINATORS)
COUNSELLING COMMITTEE



PROF. RITU ABORA
(TEACHER
INCHARGE)

DR. SONAL JAIN
(CO-CONVENOR)
COUNSELLING
COMMITTEE

DR. POONAM KANWAL
(CONVENOR)
COUNSELLING
COMMITTEE

PROF. PAYAL
NAGPAL
(IQAC
COORDINATOR)

PROF. SHWATI PAL
(PRINCIPAL)



जानकी देवी मेमोरियल कॉलेज
(दिल्ली विश्वविद्यालय)
परामर्श समिति
&
गणित विभाग
(आईक्यूएसी के तत्वावधान में)
प्रस्तुत करता है
तनाव प्रबंधन

"क्या आपका मंकी दिमाग आपको दुखी कर रहा है?"

वक्ता

 **जनवरी 28, 2025**

 **दोपहर 12:00**

 **कमरा नं. 14**



डॉ. रेखी सिंह

डॉ. मनीष चौहान
श्री विकेंद्र सिंह
(समन्वयक)
परामर्श समिति

डॉ. रतु अरोड़ा
(शिक्षक प्रभारी)

डॉ. सोनम जैन
(सह-संयोजक)
परामर्श समिति

डॉ. पूनम कान्त
(संयोजक)

डॉ. पावन गगन
(आईक्यूएसी समन्वयक)

डॉ. स्वति पाल
(प्रधानाचार्य)

Geotagged pictures of the event:



Record of Attendance And Feedback:

Name	Roll num	Year	Section	Were the	Was the speakers con	What were your overall impressions of the workshop ?
Uarvashi	1697	3rd year	B	Yes	Yes	Good
Prachi	1928	2nd year	B	Yess	Yess	Very useful session
Aashi Mit	282	2nd year	B	Yes	Yes	It was a great experience and the speaker was very interactive to students
Kajal Sain	775	3rd year	A	Yes	Yes	Very Nice
Kaavya Kl	1015	3rd year	B	Yes	Yes	Amazing
Sanya Sh	1405	3rd year	B	Yess	Yess	It was informative .
Nandini K	1728	2nd year	B	Yesss	Yess	Awsome
Divya kur	1930	2nd year	B	Brain	Yes	That's good
Neeru Ch	1808	1st year	B	Yes	Yes, of course	The best
Rashmi S	1339	3rd year	B	Yes	Yes	I really got to know about my monkey brain
Khushbo	05	3rd year	A	Yes	Yes	Very good
Akanksha	21	3rd year	B	How to b	Yes	Great
Sonali	23/1741	2nd year	A	Yes Ofcou	Much needed	Excellent
Tamanna	1696	2nd year	A	Yes	Yes, absolutely	It was good
Rinki	1820	1st year	Sec b	Monkey r	Yes	Very good
Kirti sing	722	2nd year	B	Happines	Street management	Good
Anamika	23/1770	2nd year	A	Yes	Yes	Good
Saloni	1721	2nd year	B	Yes	Yes	Yes
Deepti	1392	3rd year	A	Yes	Yes	It was amazing.
Parul	1310	1st year	B	Yes	Yes	Best
Shweta G	1895	1st year	B	Yes	Yes	Best
Kirti Chau	1734	2nd year	A	Yes	Yes	How to manage your brain and find happiness
Reena	2043	1st year	B	Yess	Yess	Amazing
Kanika Ag	23/121	2nd year	A	Yes	Yes	It was really good.
Tanzil Jai	1660	3rd year	B	Certainly	Yes	Amazing
Prachi ku	1554	1st year	A	Yes topic	.	.
Pratigya I	23/885	2nd year	A	Yes.	Yes.	It was good.
Khushi ka	1300	3rd year	A	Yes	Yes	Good one
Madhu ki	1931	2nd year	A	Yes	Yes	Yes
Ayushi Pa	432	2nd year	A	Yes	Yes	Very nice
Sakshi Sir	1466	2nd year	A	Yes	Yes	Yes
Palak tiw	1765	2nd year	B	Stress ma	Good thing	Good
Jyoti	832	1st year	B	Yes	Best	Best
Mehak ta	338	2nd year	A	yes	yes	happy
Nandni	1485	2nd year	A	Yes	Yes	Yes
Kaphee	1657	3rd year	B	Yes	Yes	Good
Naney	23/1704	2nd year	A	Yes	Yes	I enjoyed a lot
Isha Kum	1318	2nd year	A	Yes	Yes	Nice
Manisha	472	2nd year	B	Yes	Yes	It definitely made my day
Jasmin	23/1710	2nd year	B	Yes	Yes	Very nice
Manvi sir	1817	2nd year	A	Happines	Yes	Good
Nidhi	1494	2nd year	B	Yes	Yes	Very good
Suchitra :	732	2nd year	B	Is your br	Yes	Good
Bhavna	754	3rd year	A	Yes	Yes	Nice
Komal ya	1429	2nd year	B	Happines	Stress management	Good
Vaishnavi	2062	1st year	A	.	.	.
Ashmita	1335	2nd year	B	Yes	Yes	Excellent
Nayantara	1719	2nd year	B	Clearly, it'	Yes	Good
Shreya Cl	1375	2nd year	A	Yes	Yes	Satisfied
Anshu ku	1740	2nd year	B	Happy m	Yes	That's good
Nikki kun	205	1st year	B	Yes	Yes	Excellent
Jasmeet I	23/1699	2nd year	A	Yes	Yes	Yes
Pragati	1306	3rd year	A	Yes	Yes	Nice
Rishita gu	961	2nd year	B	Yes	Yes	Good
Simran	134	2nd year	A	Yes	Yes	Veryy interesting and informative
Afifa Kha	1696	3rd year	B	Yes	Yes	Amazing 🙌
Sakshi Sh	1294	2nd year	A	Yes	Yes	Very refreshing
Kajal yad	1996	2nd year	A	yes	yes	good
Aditi Bish	1466	3rd year	B	Yes	Yes	A very interesting and stress free workshop
Ragini Pr	1857	2nd year	B	Yes	Yes	Yes
Vandana	1961	2nd year	B	Yes	Yes	Yes
Disha pav	1495	3rd year	A	Yes	Yes	Great 🙌
Astha Sin	1425	3rd year	A	Yes	Yess	Very good
Sonal	1692	2nd year	A	Yes	Yes	Interesting

Yamini S	413	2nd year	A	Yes	Yes	Yes
Shivani G	570	3rd year	A	Yes	Yes	Amazing
Pooja kur	1474	3rd year	A	Yes	Yes	It was excellent
Jyoti kum	1606	3rd year	A	Yes	Yes	Fabulous
Preety Oj	1713	3rd year	B	Yes	Yes	It was Excellent.
Shalu	280	3rd year	B	Yes	Yes	How we can manage our stress happily
Artee	772	3rd year	B	Yeah.	Yeah	Excellent
Shraddha	1062	3rd year	B	Yes	Yup	Overall good
Vanshika	484	3rd year	B	Yes	Yes	Excellent
Gurpriya	1718	2nd year	b	Happines	Yes	Yes very

Sneha	1773	3rd year	B	Yes	Yes	Yes
Manisha	437	2nd year	B	How we c	Stress management	Satisfied
Ayushi	1783	3rd year	A	Yes	Yes	Great
Shailvi	442	3rd year	A	Yes	Yes	Great
Nitika	1563	3rd year	A	yes	yes	great
Harshita	769	3rd year	B	Yes	Yes	Excellent
Tanvi San	1706	2nd year	B	Yes	Yes	Insightful
Vanshika	484	3rd year	B	Yes	Yes	Excellent
Khushi ti	1470	3rd year	B	Yes	Yes	Very interesting workshop
Ekta	183	3rd year	A	Yes	Yes	Great
Sonal bar	1298	3rd year	B	Yes	Yes	Good
Layna Par	949	3rd year	B	Understa	Yes	Long Lasting positive impact
Sakshi	1669	3rd year	A	Yes	Yes	Great
Shataksh	280	2nd year	A	Yes	Yes	Yes
Anjali Gu	1635	3rd year	B	Yes	Yes	Awesome
Khushbo	1481	2nd year	A	Yess	Yess	It was so good
Somya Bf	739	3rd year	B	Yes	Yes	It was really helpful and got to learn alot by it.
Swasti sh	612	2nd year	A	Yes	Yes	It was really good
Anshika v	260	3rd year	A	Yes	Ofcourse	Great
Kanika Pa	1702	2nd year	A	.	.	.
Prakriti	31	3rd year	A	Yess	Yeah, most of the top	Great
Ridhima	446	3rd year	A	Yes	Yes	Excellent
Nidhi	591	3rd year	A	Yes	Yes	Good
Priyanka	10	3rd year	B	Yes	Yes	It's all good.
Ishaka bh	181	3rd year	B	Yes	Yes	Very informative
Shalini	496	3rd year	B	Yes	Yes	Very informative
Khushi Ku	1507	3rd year	B	Yes	Yes	Very good

Topic: How to be self-aware and communicate effectively?**Date: 18th February 2025**

Topic of the Event	How to be self-aware and communicate effectively?
Date	18 th February 2025
Name of the organizer	Counselling Committee
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Intra-college
Objectives of the event:	To understand skills required to cultivate self-awareness and communicate effectively, fostering personal growth, and positive relationships.
Name and Affiliation of the Resource person (<i>if applicable</i>):	Ms. Niharika Gupta
No. of Students Present	112

Brief Report

Under the aegis of IQAC, the Counselling Committee at Janki Devi Memorial College, organized a special session on self awareness titled "*How to be self aware and communicate effectively?*" on February 18, 2025. The session took place in Room No. 16, starting at 12:00 PM, and was attended by 112 students.

The seminar commenced with a warm introduction to our esteemed speaker, Ms. Niharika Gupta. With her vast experience and expertise, she was poised to share valuable insights on the importance of self-awareness and effective communication.

Ms. Gupta began by emphasizing the significance of self-awareness in personal growth. She highlighted that understanding one's strengths, weaknesses, and emotions is crucial for developing positive behavior. Through engaging examples and anecdotes, Ms. Gupta illustrated how self-awareness can lead to better decision-making, improved relationships, and enhanced overall well-being.

She also stressed the importance of effective communication in expressing oneself and building strong connections with others. Ms. Gupta provided practical tips on active listening, assertive expression, and empathetic understanding.

The audience was captivated by Ms. Gupta's insightful presentation, and her passion for the subject was evident throughout. Her valuable advice and expert guidance inspired the participants to cultivate self-awareness and positive behavior in their daily lives.

Poster of the event:



Geotagged pictures of the Event:







Record of Attendance:

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JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
COUNSELLING COMMITTEE
ATTENDANCE SHEET

Date: 18/02/2025 Venue: Room No-16 Time: 12 Noon - 1 PM

Sno.	Name of student	Department	Semester	Signature
01	Devanshi Sharma	Eco (H)	II	<i>Devanshi</i>
02	Sneha	Eco (H)	II	<i>Sneha</i>
03	Vanshika	Eco (H)	II	<i>Vanshika</i>
04	Subhra Biswal	Eco (H)	II	<i>Subhra Biswal</i>
05	Gadha P Y	Eco (H)	II	<i>Gadha</i>
06	Atisha Kumari	Eco (H)	II	<i>Atisha</i>
07	Samiksha Jha	Eco (H)	II	<i>Samiksha</i>
08	Kashish Kashyap	Eco (H)	II	<i>Kashish</i>
09	Monika	Eco (H)	II	<i>Monika</i>
10	Khushi Halder	Eco (H)	II	<i>Khushi</i>
11	Kanya Aggarwal	Eco (H)	II	<i>Kanya</i>
12	Tanusha Mangla	Eco (H)	II	<i>Tanusha</i>
13	Ananya Sharma	Eco (H)	II	<i>Ananya</i>
14	Royal Kumari	Eco (H)	II	<i>Royal</i>
15	Sareni Gupta	Eco (H)	II	<i>Sareni</i>

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)

COUNSELLING COMMITTEE
ATTENDANCE SHEET

Date: 12/12/2015..... Venue: Room No.-16..... Time: 12 Noon - 1 PM

Sno.	Name of student	Department	Semester	Signature
1.	Monika Yadav	B.A. Hon. Eco.	II nd	<i>[Signature]</i>
2.	Ishwneet Kaur	BA Hon. Eco	II nd	<i>[Signature]</i>
3.	Tanigsha Khurana	BA Hon. Eco	II nd	<i>[Signature]</i>
4.	Murka Mahanta	BA Eco Hon.	II nd	<i>[Signature]</i>
5.	Pia Datta	BA (Hons) Eco	II nd	<i>[Signature]</i>
6.	Aarna Nain	BA (Hons) Eco	II nd	<i>[Signature]</i>
7.	Mihanka Celly	BA (Hons) Eco	II nd	<i>[Signature]</i>
8.	Saumya Kumari	BA (Hons) Eco	II nd	<i>[Signature]</i>
9.	Sonal Prakash	BA Eco (Hons)	II nd	<i>[Signature]</i>
10.	Laarvi Srinidhi	BA Eco (Hons)	II nd	<i>[Signature]</i>
11.	Cheshta Bhatia	BA Eco (Hons)	II nd	<i>[Signature]</i>
12.	S. Sreeta Reddy	BA (H) Economics	II nd	<i>[Signature]</i>
13.	Prakriti Pandey	BA (H) Eco	II nd	<i>[Signature]</i>
14.	Ranu	BA (H) Eco	II nd	<i>[Signature]</i>

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)

COUNSELLING COMMITTEE
ATTENDANCE SHEET

Date: 12/12/2015..... Venue: Room No.-16..... Time: 12 Noon - 1 PM

Sno.	Name of student	Department	Semester	Signature
1.	Muskan Kumari	Eco (H)	II	<i>[Signature]</i>
2.	Jarvi Yadav	Eco (Hons)	II	<i>[Signature]</i>
3.	Anshika	Eco (Hons)	II	<i>[Signature]</i>
4.	Abhis Anushka (2251)	Eco (Hons)	II	<i>[Signature]</i>
5.	Kaushiki Sharma (280)	Economics Honors	II	<i>[Signature]</i>
6.	Kanaka Dhangra (1038)	Economics Honors	II	<i>[Signature]</i>
7.	Abhishek Tahir (170)	Economics Honors	II	<i>[Signature]</i>
8.	Ria Garg (453)	Economics Honors	II	<i>[Signature]</i>
9.	Shreshtha Jain (117)	Economics Honors	II	<i>[Signature]</i>
10.	Palak Telim (109)	Economics Honors	II	<i>[Signature]</i>
11.	Anushka Sharma (1471)	Economics Honors	II	<i>[Signature]</i>
12.	Mahak (1619)	Economics Honors	II	<i>[Signature]</i>
13.	Pooja Keri (1844)	Economics Honors	II	<i>[Signature]</i>
14.	Pooja Kanjia	Economics Honors	II	<i>[Signature]</i>
15.	Gurahi	Economics Honors	II	<i>[Signature]</i>



JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)



COUNSELLING COMMITTEE
ATTENDANCE SHEET

Date: 18/02/2025 Venue: Room No. 16 Time: 12 Noon - 1 PM

Sno.	Name of student	Department	Semester	Signature
1	Vanshika Goyal	Economics (Hon)	IV	Goyal
2	Nishtha Gupta	Economics (H)	IV	Nishtha
3	Anousha Jain	Economics (H)	IV	Anousha
4	Krishna Komari	Economics (H)	IV	Krishna
5	Kumari Khushi	Economics (H)	IV	Khushi
6	Swati Bhat	Economics (H)	IV	Swati Bhat
7	Pratik Takra	Economics (H)	IV	Pratik
8	Somya Singh	Economics (H)	IV	Somya
9	Kalpna	Economics (H)	IV	Kalpna
10	HEMATI SINGH PATEL	B.A. Eco (H)	IV	Hemati
11	Bhina Khat	BA (H) Eco	IV	Bhina
12	Sneha Das Rai	BA (H) Eco	IV	Sneha
13	Naina Singh	BA (H) Economics	IV	Naina
14	Manya B. Modi	Economics (Hon)	IV	Manya
15	Priya	Economics (H)	IV	Priya



JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)




COUNSELLING COMMITTEE
ATTENDANCE SHEET


Date: 18/02/2025 Venue: Room No. 16 Time: 12 Noon - 1 PM

Sno.	Name of student	Department	Semester	Signature
1	Priya	BA (H) Economics	IV	Priya
2	Purnya	BA (H) Economics	IV	Purnya
3	Ishika Goyal	BA (H) Economics	IV	Ishika
4	Anisha Saini	BA (H) Economics	IV	Anisha
5	Simranpreet Kaur	BA (H) Economics	IV	Simranpreet
6	Ruchi Gang	BA (H) Economics	IV	Ruchi
7	Purna	BA (H) Economics	IV	Purna
8	Utkarsha Nanda	BA (H) Economics	IV	Utkarsha
9	Disha Maheshwari	BA (H) Economics	IV	Disha
10	LATIKA	BA (H) Economics	IV	Latika
11	Tsering Dolma	BA (H) Economics	IV	Tsering
12	Shruti Raj Kumari	BA (H) Economics	IV	Shruti
13	Agarwal Singh	BA (H) Economics	IV	Agarwal
14	Shakunika	BA (H) Economics	IV	Shakunika
15	Kavika	BA (H) Economics	IV	Kavika

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2nd Year




JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
COUNSELLING COMMITTEE
ATTENDANCE SHEET




Date: 16/02/2025 Venue: Room No-16 Time: 12 Noon - 1 PM

Sno.	Name of student	Department	Semester	Signature
1	Priya	BA (H) Eco	IV	<i>Priya</i>
2	Priyanka Yadav	BA (H) Eco	IV	<i>Priyanka</i>
3	Kalpna Bonagurewa	BA (H) Eco	IV	<i>Kalpna</i>
4	Saloni Bralla	BA (H) Eco	IV	<i>Saloni Bralla</i>
5	Vaishnavi	BA (H) Eco	IV	<i>Vaishnavi</i>
6	Kuma Arun	BA (H) Eco	IV	<i>Kuma</i>
7	Lakshita Verma	BA (H) Eco	IV	<i>Lakshita</i>
8	Nidhi Gupta	BA (H) Eco	IV	<i>Nidhi</i>
9	Hanshita Bhandwaj	BA (H) Eco	IV	<i>Hanshita</i>
10	Shrutha Paul	BA (H) Eco	IV	<i>Shrutha</i>
11	Dorothy Narayan	B.Com. Prog.	IV	<i>Dorothy</i>
12	Richa Kumari	B.Com. Prog.	IV	<i>Richa</i>

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JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
COUNSELLING COMMITTEE
ATTENDANCE SHEET



Date: 16/02/2025 Venue: Room No-16 Time: 12 Noon - 1 PM

Sno.	Name of student	Department	Semester	Signature
1	Anamaya Pauda	Economics	VI	<i>Anamaya</i>
2	Anam Kumari	Economics	VI	<i>Anam Kumari</i>
3	Laxmi	Economics	VI	<i>Laxmi</i>
4	Pavithra Kumbhar	Economics	VI	<i>Pavithra</i>
5	Anam Sharma	Economics	VI	<i>Anam</i>
6	Rachita Gogia	Economics	VI	<i>Rachita</i>
7	Greetika Rautela	Economics	VI	<i>Greetika</i>
8	Harshita	Economics	VI	<i>Harshita</i>
9	Tanisha Bala	Economics	VI	<i>Tanisha</i>
10	Purnima	Economics	VI	<i>Purnima</i>
11	Prachi Jain	Economics	VI	<i>Prachi Jain</i>
12	Vaishnavi	Economics	VI	<i>Vaishnavi</i>
13	Kajal	Economics	VI	<i>Kajal</i>
14	Kanishka	Economics	VI	<i>Kanishka</i>
15	Aayushi	Economics	VI	<i>Aayushi</i>
16	Mehak Anura	Economics	VI	<i>Mehak</i>
17	Harshita Satyawali	Economics	VI	<i>Harshita</i>

