

PHYSICAL EDUCATION DEPARTMENT:

Publication per faculty:

41

BOOKS - 3

1. **Co-authored** a book entitled, “**An Encyclopedia of Tests and Measurements in Sports-Exercise Psychology**”, published by *Khel Sahitya Kendra* in 2000 (ISBN: 81-7504-054-7).
2. **Contributed** in the preparation of the Textbook and Reference Book for the 3rd Year B.A. Application Course, ***Fitness, Aerobics and Gym Operations*** (ISBN: 81-8509-054-7).
3. Co-authored a book on ***Sports Psychology***, a text book on Discipline Physical Education Subject, B.A. Programme course. A couple of text books on the subject being taught in Generic Elective courses in Under-graduate courses of CBCS System in University of Delhi under publication.

Number of papers published in peer reviewed journals by faculty and students):

International publications:- Dr. Abha Jain : 6

1. Jain, A. & Shaw, D., *Validation of HRV for Evaluation of PRT Effects on Sportspersons With Polarized Personality Dimensions*, **International Congress on SPAI**, Gwalior, Dec. 21-24, 2009: 264-269.
2. Shaw, D & Jain, A., *Effect of Progressive Relaxation Training on HRV Activity of Sportspersons In-relation to Mental Ability and Personality Dimensions*, **International Conference on SPAI**, Gwalior, Dec. 21-24, 2009: 144-49.
3. Jain, A. & Shaw, D., *An Electro-cardiographic Assessment of Mental Training*, **International Conference SPAI**; Gwalior Dec. 21-24, 2009: 170-175
4. Jain, A., *Through a Broken Window*, International Monthly Journal of Poetry, **POET**, April 2002 (43.4): 36.
5. Jain, A., *An Earnest Request*, International Monthly Journal of Poetry, **POET**, June, 2002 (43.6): 26.
6. *One of the photographs selected under The Microphotography Collection for 5th Annual Exposure Awards 2015, SeeMe Exhibitions* (Online Global Photography Competition). The exhibition was held at The Louvre Art Gallery, Paris, France in July 2015.

National Journals

7

1. *Jain, A. & Shaw, D., Validity of McDonald Soccer Test on State Level Female Soccer Players*, **SAI Scientific Journal**, Vol. 20(3), 1997: 25-28.
2. *Jain, A. & Shaw, D., Comparison among Selected Colleges of University of Delhi on Soccer Performance and Personality of Female Soccer Players*, **Indian Journal of Sports Sciences**, BHU, Vol. 3.1 (Jan.1998): 7-15.
3. *Jain, A. & Shaw, D., Personality Correlates soccer playing Ability of Delhi Females*, **Vyaayam Vigyaan** 31.1 (Feb.1998).
4. *Jain, A. & Shaw, D., Bhartiyaam- An Indian Programme for Mass Sports, Physical Fitness and National Integration (An Appraisal)*, **IJSS**, BHU, Vol. 4.1 (June 1999): 19-21.

5. *Jain, A. & Shaw, D., Validation of HRV for Evaluation of PRT Effects on Sportspersons with Polarized Personality Dimensions” IJSS; 2009.*
6. *Jain, A. & Shaw, D., Effect of Progressive Relaxation Training on HRV Activity of Sportspersons In-relation to Mental Ability and Personality Dimensions, IJSS; 2009.*

Publications in Proceedings of National Conferences & Seminars:

1. **Personality of Female Soccer Players**, Proceedings of National Conference of NAPESS” Oct. 16-19, 1997.
2. **Approach and Attitude towards Physical Education Sports and Fitness in India, Recent Crisis in Physical Education and Sports Sciences**, Proceedings of National Conference of NAPESS Dec. 21-22, 1997.
3. **Psychological Equipments and Instrumentation”**, Bengaluru, (March, 2000)
4. **An Analysis of Instruments/Tools Used for Collection of Data of Research in Sports Psychology in India**, Proceedings of National Conference of S.P.A.I., March 6-8, 1998
5. **An analysis of Statistical Procedures used for Sports Psychological Research in India**, Proceedings of National Conference of S.P.A.I., March 6-8, 1998)
6. **A study on the Sports/Games and Fitness Preferences in Sports Psychological Research in India**, Proceedings of National Conference of S.P.A.I., March 6-8, 1998
7. **Bhartiyam- An Indian Programme for Mass Sports, Physical Fitness and National Integration (An Appraisal)**, Proceedings of National Conference of NAPESS, Jan. 23-25, 1999.
8. **A Comparative Study among the Twenty Games and Sports on SAMT Scores**, Proceedings of National Conference of NAPESS, March 2000.
9. **Sex Differences on SAMT Scores in School and College Sportspersons (A Comparative Study)**, Proceedings of National Conference of NAPESS, March 2000
10. **Relationship between Levels of Sports Achievement and SAMT Scores of Sportspersons Belonging to Selected Schools and Colleges of Delhi**, Proceedings of National Conference of NAPESS, March 2000
11. **Directory of International Sports Psychological Questionnaires (Instruments) and Their Resources**, Proceedings of National Conference of S.PAI, Dec. 2001
12. **Directory of General Psychological Questionnaires, Instrumental Materials of Indian Origin**, Proceedings of National Conference of S.PAI, Dec. 2001
13. **Psychological Equipments and Instrumentation**, Proceedings of National Conference of S.PAI, Dec. 2001
14. **Scientific Authenticity of Mental Training Session Assessment Scale**, Proceedings of National Conference of S.P.A.I., Dec. 2003.
15. **Scientific Authenticity of Mental Training Evaluation Scale**, Proceedings of National Conference of S.P.A.I., Dec. 2003.
16. **Biomechanical Analysis of Heading in Football**, Proceedings of National Conference of Sports Biomechanics and Exercise Sciences, New Delhi, April 2011.
17. **Role of Management and Media: ISL: the new dawn in Indian Soccer?** *Proceedings of 2nd National Conference on Latest Trends in Health and Physical Education*, Khel Sahitya Kendra, New Delhi (Feb., ,2017) (ISBN No.: 978-91-7524.879.3).

National Journals/ Proceedings of National Conferences & Seminars -

Dr. Santosh K. Giri

1. **Effect of Six Months Bhramari Pranayama Training on Resting Pulse Rate of Middle Standard Student**, Online International Interdisciplinary Research Journal, (Bi-Monthly), ISSN 2249-9598, Volume-11, Issue-01, Jan-Feb 2021
2. **A study on Effect of Bhramari Pranayama Training on Systolic and Diastolic Blood Pressure of School Going Children**, Online International Interdisciplinary Research Journal, (Bi-Monthly), ISSN 2249-9598, Volume-10, Sept 2020 Special Issue

Mukesh Saggar

1. Saggar M. & Singh, Usha, “**Stress and Burn-out among Coaches**” Proceeding of National Conference on Sports Psychology, SPAI Patiala, 2001

Ms. Nisha:

1. **Effect of Suryanamaskara For The Promotion of Health Related Physical Fitness Of School Girls Age 12 To14**, Kalam the power of Truth , (Jan., ,2016) (ISSN No.: 0976-9331)
2. **Comparative Study of Personality Traits of Baseball Players at different Level of Participation**, Indian Journal of Movement Education and Exercises Sciences (IJMEES), Bi-annual Refereed Journal, (Vol. VI, No. 1 Jan.-June 2016), Online ISSN 2249-6246, Print ISSN 2249-5010
3. **A Survey To Study The Awareness About Physical Activity Among General Population of North-East Delhi**, Journal of Research Thought (Vol. 5, Issue 11, Jan. 2016), ISSN 2229 – 7995
4. **Analysis of Self-Esteem among Sports and Non-Sports Delhi University Girls**, International Journal of Movement Education and Sports Sciences (IJMESS) Annual Refereed & Peer Reviewed Journal, (Vol. IV No. 1, January-December 2016), Online- ISSN 2321-7200, Print- ISSN 2348-5604
5. **A Survey To Study The Reason Of General Population For Involving In Physical Activity**, *Kalam the power of Truth*, Vol. - 7, Issue : 14, Jan.- 2016): ISSN 0976-9331
6. **A Survey on Facilities Available for Physical Education in Schools of NDMC and Directorate Schools of Delhi**, Indian Journal of Movement Education and Exercises Sciences (IJMEES), Bi-annual Refereed Journal, (Vol. VI No. 1 Jan.-June 2016), Online - ISSN 2249-6246, Print - ISSN 2249-5010

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