## Annual Report 2021-22

# JANKI DEVI MEMORIAL COLLEGE 62nd Annual Day Celebration 13 April 2022, Wednesday



Janki Devi Memorial College, University of Delhi hosted its 62nd Annual Day Celebration on 13th April, 2022. The auspicious event was graced by the Chief Guest, Ms. Akriti Sagar, IAS District Magistrate (Central), Government of Delhi followed by the Guest of Honour, Dr. Suresh K. Goel, IFS, Secretary MEA (retd.) and ex-Director General (ICCR) along with our Special Invitee, Ms. Omita Goyal, Author and Chief Editor at IIC Quarterly. The event was presided by Dr. Kusum Krishna, Chairperson, Governing Body of Janki Devi Memorial College. The staff advisors, Dr. Debahuti Brahmachari and Prof. Anupama Rajput opened the event followed by a lamp lighting ceremony and college prayer to give a holy beginning.



The Special Guest of the event, Mr. Samarth Sharma, a consultant at MGNCRE, Ministry of Education, Government of India, presented Janki Devi Memorial College with the District Green Champion Award. The college was also recognized as a Swachhata Action Plan institution. Next, Principal Prof. Swati Pal took over the stage, unveiled the Annual Report and released the College Magazine 'JANKI' for the academic session of 2021-22. The students were then, presented with the Prize Distribution of Instituted awards which was then followed by a mesmerizing dance performance by Nupur, the Indian Classical Dance Society of Janki Devi Memorial College.

Moving on, the Honourable Chief Guest, Ms. Akriti Sagar, enlightened the students with her inspiring thoughts on working towards becoming the best version of themselves, indeed, making the college proud. She also congratulated all the award winners for their continuous efforts and dedication. Further, Dr. Kusum Krishna took over the stage and enlightened the

listeners with JDMC progressing year by year through the passionate efforts channelled by the students and faculty members of the college.

Further, the annual report was presented by Principal Prof. Swati Pal where she highlighted achievements of students in various fields such as academic, cultural, extra-curricular, sports, internships, placements, etc. Prof. Pal also applauded the faculty for their achievements in terms of awards, fellowships, doctoral degrees, participation in various orientation, refresher courses, FDPs, etc. She also enlightened the audience with all the progress made by the college on various fronts and congratulated for the same.

The Guest of Honour, Dr. Suresh K. Goel took over the stage to address the audience with his awe-inspiring words and presented the awards to the winners for Academic Prizes. The event was then taken over by a graceful rhythmic yoga dance performance which was indeed enjoyed by the audience.

The Special Invitee, Ms. Omita Goyal addressed the audience and presented Special Prizes to the students for their remarkable performance in the field of academic, sports, and cultural activities throughout the year. On an ending note, the staff advisors, Ms. Shilpa Maggo and Dr. Khurshid Alam delivered the Vote of Thanks to all the members. The event concluded on a successful note.

### **Pictures**









#### JANKI DEVI MEMORIAL COLLEGE

# SYMPHONY'22 - Cultural Fest 15th- 23rd February '22



Janki Devi Memorial College, University of Delhi hosted the opening ceremony of its Annual Cultural College Fest, "SYMPHONY" on 15th February 2022. This year's fest celebrated on the theme "Azadi: A chance to be better". The event started introducing the theme of fest along with the display of teaser and calendar of SYMPHONY to give a sneak peek into the power and fun packed days of the fest.





With the discourse of the event, Prof. Swati Pal and Dr. Kusum Krishna addressed the audience. Our Honourable Chief Guest, Dr. Akash Khurana, a renowned Indian actor, screenplay writer, theatre artist and an entrepreneur graced his presence with his enlightening thoughts inspiring the students. The Principal of Janki Devi Memorial College, Prof. Swati Pal declared the event open with her best wishes for the success of SYMPHONY'22.

This is list of Events in their order followed for Symphony:

#### 15th February '22

- 1. Inaugural Ceremony by Students' Union
- 2. Dramatic story telling competition organised by Munadi
- 3. Hindi Quiz organised by Sahityaki

#### 16th February '22

- 1. Jabberwocky: Turncoat Debate in English organised by Rhetorque.
- 2. Wings of Words: Mathematics Poetry Competition organised by Radiance
- 3. Sarasanjali organised by Sarang Club
- 4. Hindi Debate Competition organised by Abhivyakti
- 5. Indian Classical Dance (Solo) organised by Aradhi

#### 17th February '22

- 1. Hindustani Classical Solo Vocal organised by Ragini
- 2. Comedy Hours With Rádian-ce organised by Radiance
- 3. Graphik-con: Online Graphic Designing Competition organised by Lumière
- 4. Real on Reel: Online Teaser Making Competition organised by Lumière
- 5. The Dark Room: Online Photography Competition organised by Lumière

#### 18th February '22

- 1. Puzzle Over: NSS Puzzle Competition organised by NSS
- 2. Samrishti: Sanskrit Recitation organised by Department of Sanskrit
- 3. Nandita Rajguru Memorial Intercollege Paper Presentation organised by Department of Philosophy
- 4. Mag A Dezine, Magazine Cover Design Competition organised by Kalakriti Art Club
- 5. Samsrishti: Sanskrit Quiz organised by Department of Sanskrit
- 6. On The Spot: Online Photography Competition organised by Lumiere
- 7. Snapstories: Online Photography Exhibition organised by Lumiere

#### 19th February '22

- 1. Bardoratory: Shakespearean Soliloquy Competition organised by Bardolators
- 2. Q&A: The Quiz Show organised by InQuizition
- 3. Footloose: Western Group Dance Competition organised by Nritya
- 4. Start-Up Combat 3.0- Business Plan Competition organised by Impreneurs
  - 5. Euphonie: Solo Singing Competition organised by Euphonie
- 6. Folk Dance Competition organised by Jhankaar

The closing ceremony of "SYMPHONY" was hosted on 23rd February, 2022 which recollected the achievements of all the events conducted by various societies and departments of our college into a short beautiful video displaying the constant efforts and enthusiasm portrayed by the students of Janki Devi Memorial College. Our Honourable Chief Guest, Ms. Aditi Mangaldas, a leading dancer and choreographer in the Classical Indian dance form of Kathak, graced her presence with her perspective on 'Azadi' inspiring the students to follow and chase their dreams

The event was then followed by mesmerizing dance performances carried out by the students of Jhankaar and Nritya. Lastly, a heartfelt vote of thanks was delivered by one of our staff

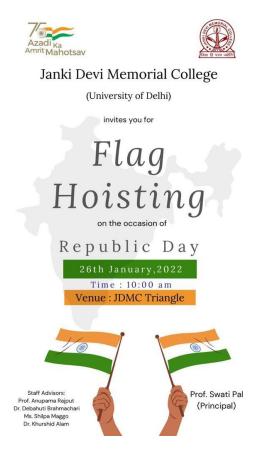
Advisors, Ms. Shilpa Maggo, thanking all the helping hands and minds who worked hard for the success of the event. The event ended on a successful note.

## **Pictures:-**



# Republic Day Flag Hoisting Ceremony 26 January 2022

Janki Devi Memorial College celebrated the patriotic occasion of the 73rd Republic Day on 26th January 2022 in the college premises. The event was attended by Principal, Prof. Swati Pal, the teaching and non-teaching staff and members of the Students' Union.



The flag was hoisted by Principal ma'am after which she conveyed her thoughts on this occasion. Many people participated in it with zeal and gusto, and went vocal with their thoughts on harmony, duties and rights of us as citizens.

## **Pictures**



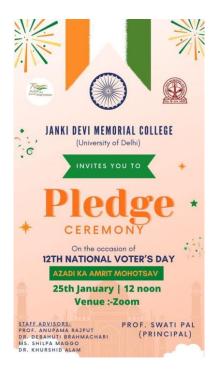






**National Voter's Day Pledge Ceremony** 25<sup>th</sup> January 2022

Janki Devi Memorial College, University of Delhi, conducted a Pledge taking Ceremony on 25th January, 2022, on the occasion of National Voters Day. The event commenced with the anchors of the event, educating the audience about the significance of the occasion and the beliefs and principles that the Election of Commission of India puts forward each year in honour of the occasion. There were 545 people in the pledge taking ceremony.



Principal, Prof. Swati Pal, then took the stage to address the audience and moved forward to guide the joinees through the pledge in English. Vice Principal, Prof. Sandhya Garg, then took over the stage to recite the pledge in Hindi and the audience repeated after her.

After the pledge the National Anthem was sung, as the audience stood up in honour of it. The event came to an end with a vote of thanks extended to the principal, staff members and the students, for pledging to build a better Nation with their active participation in elections.

#### Pictures:





# **Each One Plant One Campaign**

14 January 2022, Friday

Janki Devi Memorial College, recently being recognised and certified by the Ministry of Education as a Swacch Campus undertook an initiative entitled 'Each One Plant One' for the welfare of the environment. The saying essentially urges all human beings to plant at least one tree in their lifetime. As a part of the initiative, the members of Students' Union and the faculty planted a tree/sapling within their households keeping in mind the pandemic restrictions. The initiative aimed at spreading awareness among the youth of today's generation to nurture the growth of nature in your neighbourhood or college campus.

#### **Pictures:**









#### **CANVA BOOTCAMP**

5th-6th January 2022

Janki Devi Memorial College, University of Delhi organised a 2-day Canva based Graphic Designing Bootcamp. It was conducted by the Students' Union of JDMC in collaboration with Tech For Good. The boot camp was held on January 5th and 6th on Microsoft Teams where more than 150 students were a part of the workshop.

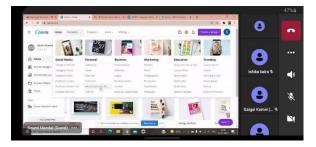


Ms. Kriti Talwar and her colleagues were the speakers from Tech for Good. On the first day of bootcamp, students were given an introduction to Canva and it's features. In addition, a detailed explanation of drafting a resume and a presentation was given, followed by the assignment.

On the second day of session, the mentors discussed details of designing using the tools present in the application Canva. Tips and tricks for Instagram posts were given and different creative hacks were discussed with the students for creating amazing projects in Canva. The second session was concluded by reviewing students' work assigned by the mentors. The session proved to be an interacting and value rich experience for the students.

#### Pictures-

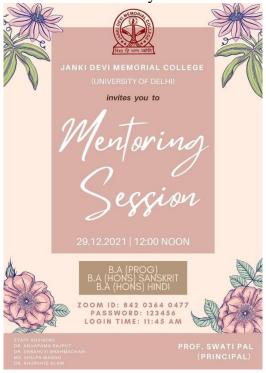




### **MENTORSHIP SESSION**

29th November 2021, Wednesday

Janki Devi Memorial College, organised a Mentoring Session campaign on 29th November 2021 at 12 noon for the students of first year of Batch 2021-22. The event was conducted at Zoom Meetings. The event was attended by the members of Students' Union and Staff Advisors. The event began with a warm welcome to the freshers. The General Secretary of the Students' Union opened up the session by briefing the freshers with the functioning of Students' Union and what they actually work for. The President of the Union continued explaining the roles and responsibilities of every member in the Union where the Union members would always be available to solve the problems.



In continuation, The Vice President gave a short Introduction about the Staff Advisors of the Students' Union where the Union members extended warm gratitude towards their constant support and guidance. The Union also shared few pictures from the college campus to the freshers and mentioned about the teachers and staff of every department from our college. Ms. Shilpa Maggo Ma'am, one of our staff advisors spoke about the Students' Union social media handles and also about the college website where the students can feel free to ask their queries about any department or society. Dr. Debahuti Ma'am concluded the session by answering all the queries of the students asked in the Mentoring session and wished the freshers for their upcoming journey.

Pictures:



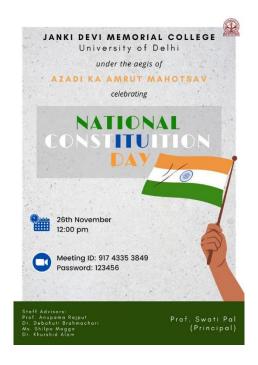




## **CONSTITUTION DAY (ENGLISH)**

November 26, 2021

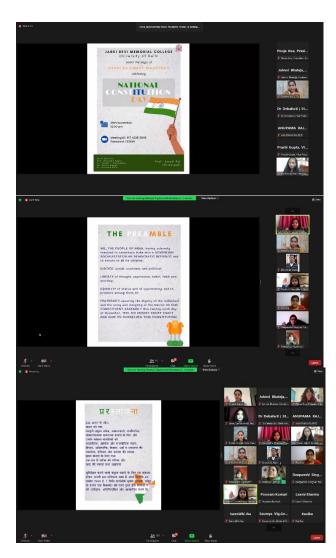
Janki Devi Memorial College, University of Delhi, celebrated 'National Constitution Day' on 26<sup>th</sup> November 2021, which is observed every year on this day, to mark the day of the adoption of Indian Constitution. The event was conducted on zoom.

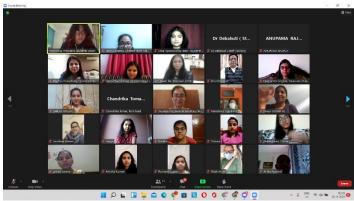


The event started with the anchor briefing about the importance of this auspicious occasion for us as Indian citizens. Prof Swati Pal, Principal of JDMC, took the stage after that. With everyone having their right hand raised, the national pledge was taken in English and then followed by Hindi. Moving on, Prof. Pal, took the opportunity to enlighten everyone about the importance of the pledge and the Constitution. She highlighted that the Preamble of the Indian Constitution is not only a shrine introduction to the constitution, but it also represents our powers and rights as well as our duties as citizens and as human beings.

She concluded by encouraging everyone to follow rules and ethics for themselves and not only if they are being watched. The event came to an end with the vote of thanks.

Pictures:





### **ORIENTATION CEREMONY**

24th November 2021, Wednesday

Janki Devi Memorial College, University of Delhi, welcomed its new batch of students for the session 2021-22 with an enriching 'Orientation Ceremony', on 24th November 2021. Alongside "Orientation Ceremony", the college also conducted mass pledge in accordance with the celebration of 'Constitution Day', which is celebrated on 26<sup>th</sup> November every year. The event was conducted on Zoom Platform which premiered on JDMC's official YouTube Channel as well. The event marked the beginning with the Lamp Lightning ceremony followed by the college prayer.



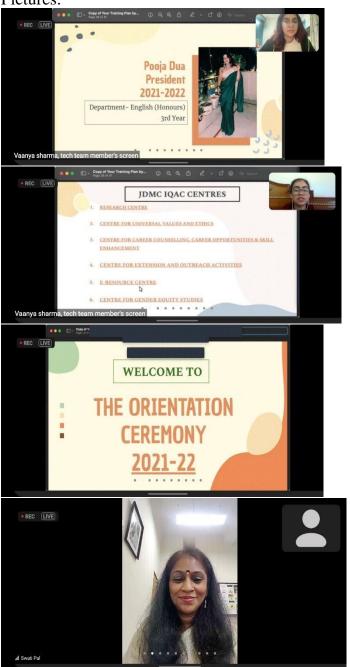
Prof Swati Pal, Principal of JDMC enlightened students and their parents about the history and achievements of our college. She introduced them to the infrastructural facilities, the academic endeavour and extra-curricular activities provided by the college. She was more than happy to share the information on the facilities provided for physically challenged students in the college and also showered light upon the add-on courses offered by various departments of our college. Followed by this, freshers were acquainted by staff advisors, teachers in charge of different departments and Administrative Officer, Dr. Kaushal Kishore. Then the floor was taken over by Dr. Nivedita Sharma, librarian of the college, who gave insights of the working of the library.

Post that, there was a brief introduction of 36 societies, 6 centers and NSO. Core members of Student Union of Janki Devi Memorial College took the opportunity to introduce themselves and welcome their juniors. Finally, the vote of thanks was delivered.

YouTube link for Orientation Ceremony 2021: -

# https://youtu.be/HQKeWgcqPG4

# Pictures:



### NATIONAL COMMUNAL HARMONY WEEK

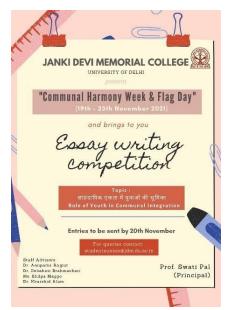
19th November 2021 to 25th November, 2021

Janki Devi Memorial College, in collaboration with the National Foundation for Communal Harmony (NFCH), organised an activity-based campaign from 19th November to 25th November 2021, on the observance of Communal Harmony Week and Flag Day 2021. The campaign focused at spreading awareness about the need for fostering communal harmony, national integration and fraternity. The campaign also held a donation drive throughout the observance of this week. The amount collected had been donated to the National Foundation for Communal Harmony which aims to provide financial assistance to children rendered orphan or destitute in communal caste, ethnic or terrorist violence for their education and rehabilitation under the project 'Assist'.



The week commenced with an **Essay Writing Competition**, which presented the students with the opportunity of presenting their thoughts on the current scenario of the nation's communal harmony and the need of national integration, that has been cooking up in their minds and providing their point of view to the kaleidoscopic mass.

The competition took place on 19th and 20th November, 2021. The topic for the same was 'Role of Youth in Communal Integration.' The competition was judged by Ms. Tannu Sharma (Department of English) and Dr. Sangeeta Gupta (Department of Hindi). The 3 winners Rudrani Borthakur (1st Prize), Himani Godara (2nd Prize) and Ritika Singla (3rd Prize) were awarded with cash prizes Rs. 500, Rs. 300 and Rs. 200 respectively. The winning entries were sent to the Ministry of National Foundation for Communal Harmony and were awarded appreciation certificates from the same.



Further on into the week, a **Poster Making Competition** was held 21st of November, 2021. Tapping into their creative side and presenting us with their magical art, the participants took this opportunity to showcase their skills, passion and ideas on communal harmony and national integration through the colourful world of posters.

The topic for the competition revolved around communal harmony, national integration and fraternity. This competition was judged by Kalakriti Society- The Art Club of Janki Devi Memorial College. The 3 winners announced were Archna Kumari (1st Prize-Rs. 500 Cash Prize), Lipsa Patra (2nd Prize-Rs. 300 Cash Prize) and Mahak Swarnkar (3rd Prize-Rs. 200 Cash Prize). The winning entries were sent to the Ministry of National Foundation For Communal Harmony and were awarded appreciation certificates from the same.

Under the guidance of Prof. Swati Pal (Principal of JDMC) and Dr. Debahuti Brahmachari (CTO NCC), organised an **Online Declamation Competition** on 22nd November, 2021 for NCC cadets. The theme for the competition was: *Communal Harmony: A Step towards Peaceful Nation*. Several cadets of JDMC NCC enthusiastically participated. It aimed at strengthening the diversity of India amongst the youth of the nation.

On 24th of November, 2021, a **rally** was taken out by the Sports Department of Janki Devi Memorial College in observance of the week's occasion. The students upholding the idea of the need for national integrity of the country, marched along the college's ground with appreciable passion and zeal.

Moving on to the next day i.e.,on 24th of November, 2021, Nupur- the The Indian classical Dance Society of JDMC, added more glory to the celebrations of the week by presenting a mesmerizing **dance performance**. Each dance form that was enacted, represented a different aspect of harmony. The performances were a treat for the eye, and were highly enjoyed and appreciated by the audience.



The dance performance was also streamed on YouTube. The YouTube link is: <a href="https://youtu.be/HQKeWgcqPG4">https://youtu.be/HQKeWgcqPG4</a>



The week's celebrations came to an end with the observance of Flag Day, on 25th of November, 2021. The Students' Union of JDMC, **distributed Communal Harmony Flags among the students and collected donations** from the students of Janki Devi Memorial College for the cause of Communal Harmony awareness.

The students of JDMC participated enthusiastically in the various events that were planned in accordance with the occasion.

#### Pictures:



### **VACCINATION DRIVE 3**

12th November 2021 to 19th November 2021

Janki Devi Memorial College (University of Delhi) has been very proactive in taking measures to fight COVID-19. The college has already undertaken three RT PCR testing camps. The Covid Vaccination camp was organised by Janki Devi Memorial College in collaboration with CDMO Central District Delhi on 12th November 2021 to 19th November 2021 in the college premises from 9 am to 3 pm. The camp witnessed more than 50 people getting their jabs. The vaccination camp was administering both the doses to the people depending upon their requirement. For people who did not register themselves online, on the spot offline registrations were done for them using their personal identity details like Aadhar Card. Earlier, the college had also conducted the first vaccination campaign on 13th August 2021 in which more than 500 people had vaccinated and had arranged camp for RT PCR test thrice for Covid-19 test.

Under the able guidance of JDMC Principal Professor Swati Pal, along with staff members and 50 members from the CDMO Central District Delhi, the camp was a huge success.

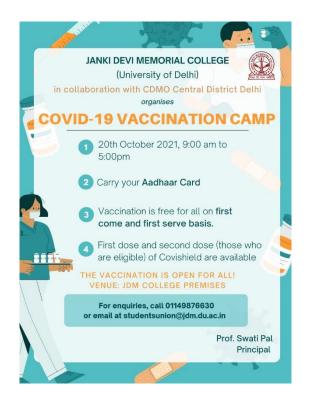


#### **VACCINATION DRIVE 2**

20th October 2021

Janki Devi Memorial College (University of Delhi) has been very proactive in taking measures to fight COVID-19. The college has already undertaken three RT PCR testing camps. The Covid Vaccination camp was organised by Janki Devi Memorial College in collaboration with CDMO Central District Delhi on 20th October 2021 in the college premises from 9 am to 5 pm. The camp witnessed more than 50 people getting their jabs. The vaccination camp was administering both the doses to the people depending upon their requirement. For people who did not register themselves online, on the spot offline registrations were done for them using their personal identity details like Aadhar Card. Earlier, the college had also conducted the first vaccination campaign on 13th August 2021 in which more than 500 people had vaccinated and had arranged camp for RT PCR test thrice for Covid-19 test.

Under the able guidance of JDMC Principal Professor Swati Pal, along with staff members and 50 members from the CDMO Central District Delhi, the camp was a huge success.



### **OATH CEREMONY**

October 1, 2021

A new journey begins for Janki Devi Memorial College on the morning of October 1st, when the student union 2021-2022 took an oath as office bearers. The oath-taking ceremony was held online at Zoom Meetings and began at 11:45 am. Dr. Debahuti Ma'am opened the ceremony and with that Respected Principal, Professor Swati Pal lifted everyone's spirits with an encouraging and insightful speech, and welcomed the 2021-2022 student union wholeheartedly.

Professor Pal ended her speech and led the oath taking ceremony, where each and every member pledged to put their best foot forward this year and serve the college selflessly. At the end, Dr. Khurshid Sir extended his Vote of thanks and wished everyone for their journey ahead.

All the staff advisors congratulated the students and expressed their joy looking forward to a successful year ahead. The ceremony ended by taking a virtual picture of the Janki Devi Memorial College Union 2021-2022.

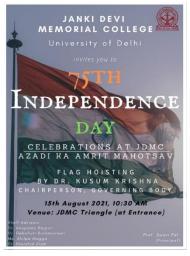




### INDEPENDENCE DAY

August 15, 2021

On 15 August 2021, Janki Devi Memorial College, University of Delhi, celebrated 75 years of India's Independence. The latter is an initiative of the Government of India to celebrate and commemorate 75 years of freedom of progressive India, on the theme 'Azadi ka Amrit Mahotsav'. On this occasion, the college was full of delight to welcome the Honorable chief guest, Dr. Kusum Krishna, chairperson, college governing body. This was followed by the guard of honor ceremony by NCC cadets. After the ceremony, the speakers and the attendees stood for the 'Flag Hoisting' and 'National Anthem' as a token of their pride and respect towards the nation and the struggle for freedom.



Dr. Kusum Krishna in her address to the gathering said that it has been 74 years of our Independence and the nation has grown and developed in various ways but to ensure a beautiful, clean and peaceful India every citizen has to play their part. The leaders and the government of the country can only guide us and show our path, our collective contribution can only ensure unstoppable prosperity and development in all the fields.

Professor Swati Pal, Principal of JDMC addressed the gathering and said that the key to integrated development and prosperity of a nation is the collective consciousness of all the citizens. She said that people often demand their rights but nobody considers the set of duties it accompanies. When every citizen of the country promises to fulfill its duties, the nation is bound to excel.

The festival of 75 years of Independence is not only an endeavour to reflect the spirit of freedom struggle but also a tribute to the Martyrs. It is a pledge and resolve to build India of their dreams.

After the vote of thanks, in the end, our hearts were full of joy and Pride, "JAI HIND".

YouTube link for Independence Day- Azadi ka Amrit Mahotsav 2021: - https://youtu.be/AKh\_NtZh6xY

#### **Pictures:**





### **VACCINATION DRIVE 1**

13<sup>th</sup> August 2021

Janki Devi Memorial College (University of Delhi) has been very proactive in taking measures to fight COVID-19. The college has already undertaken three RT PCR testing camps. The Covid Vaccination camp was organised by Janki Devi Memorial College in collaboration with Zee TV on 13th August, 2021 in the college premises from 9 am to 5 pm.

The camp witnessed more than 500 people getting their jabs. The vaccination camp was administering both the doses to the people depending upon their requirement. For people who did not have online registration, on the spot offline registrations were done for them using their identity details like Aadhar Card. Under the able guidance of JDMC Principal Professor Swati Pal, along with staff members and 80 members from the Zee crew the camp was a huge success.





## FOUNDER'S DAY CELEBRATION

July 31, 2021

Janki Devi Memorial College, University of Delhi, celebrated the 62<sup>nd</sup> Founder's Day on 31<sup>st</sup> July 2021. On this occasion, the college extended a warm welcome to the Honourable Chief Guest, Mr N.N. Vohra (President, IIC) and the Guest of Honour, Dr. Kusum Krishna, Chairperson, College Governing Body. The Founder's Day is an annual event held to remember the contributions of Shri Brij Krishan Chandiwala (Bhaiji), the eminent Gandhian, who dedicated his entire inheritance to the cause of women's education.

The event began with the auspicious lamp lighting ceremony, which was followed by a tribute to the Founder, Shri Brij Krishan Chandiwala (Bhaiji). This was followed by a beautiful rendition of the college prayer by *Sarang*, the Indian Classical Music Society of the college. Then, Dr. Kusum Krishna, Chairperson, Governing Body, and the Principal, Professor Swati Pal, in accordance with the college tradition of environment consciousness, planted saplings to commemorate this event.

After this, Professor Swati Pal formally welcomed the distinguished guests and everyone present. Prof. Pal thanked the Chief Guest, Mr. Vohra, the Guests of Honour, Dr Kusum Krishna and Shri Aditya Krishna. She paid rich tributes to the Founder of JDMC by talking about his dedication to the nation and devotion towards the cause of women's education. Prof. Pal explained that the most appropriate way to remember Bhaiji is to be selfless like him. She confirmed JDMC's commitment to the society and the concern for the well being of all during the pandemic. She spoke about the achievements of college during these difficult times. In spite of lockdowns and the pandemic, JDMC successfully carried out its responsibilities as an

institution of higher learning by hosting the distinguished speaker series; establishment of the new centres like the Placement Cell, Research Centre, Centre for Universal Values and Ethics, Centre for Extension and Outreach Activities and Centre of Gender Equity Studies, which is coming up. She inspired everyone to continue with good work and be like Bhaiji.

Then, the Coffee Table Book, which captures the 60 years of the college, was unveiled. Prof. Pal thanked everyone who made this possible.

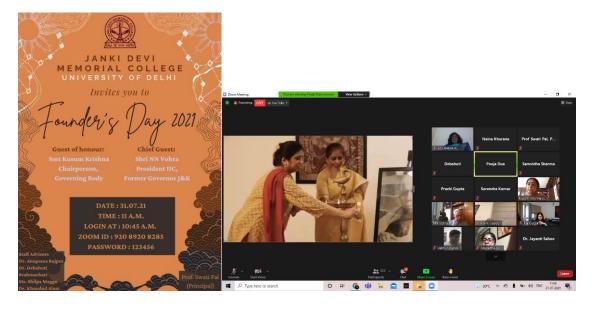
After this, Prof. Pal felicitated Professor Sandhya Garg, Vice Principal of JDMC, and Dr. Ritu Arora, Associate Professor, Department of Mathematics, for completing 25 years of service at JDMC and complimented them on their commitment to work.

Thereafter, Dr. Kusum Krishna welcomed Mr. Vohra and paid a tribute to Bhaiji. She said that education is a miracle which makes women independent and this is what Bhaiji wanted. She also congratulated the principal, the faculty, staff and students of the college for making all this possible.

This was followed by a speech by Mr. N.N Vohra, who talked about the importance of education and the changes that are taking place in the education sector at present. He said that to maintain an egalitarian society, according to the Constitution of India, basic education and literacy is very important. He asserted that institutions should focus on imparting ethical values of honesty and integrity among the students. He ended his address by thanking everyone and wishing them for a bright and successful future.

Mr. Vohra's address was followed by a beautiful dance performance by *Nupur*: The Classical Dance Society of the college. Then Dr. Debahuti Brahmachari delivered the vote of thanks. The event ended with the national anthem. Professor Pal thanked everyone for making this online event a success and expressed her special appreciation for the efforts of the staff Advisors Dr. Anupama Rajput, Dr. Debahuti Brahmachari, Ms. Shilpa Maggo and Dr. Khurshid Alam.

YouTube link for Founder's Day 2021:- https://youtu.be/-qlFFPJDRQk



### WORLD ANTI-DRUG DAY

June 26, 2021

Janki Devi Memorial College, University of Delhi, celebrated World Anti-Drug Day, 'Pledge ceremony', on 26th June 2021. World Anti-Drug Day is celebrated every year on 26th June to create awareness, strengthen action and cooperation in order to make the world free from all kinds of drug abuse. "Better knowledge for better care" was the theme for the ceremony this year. The event was conducted on Zoom Meetings.

Prof Swati Pal, Principal, JDMC enlightened students about the importance of cooperating to stop drug abuse. She spoke about how even taking excessive dosage of some medicines leads to drug abuse. She also asked students to be attentive towards their surroundings and notice if someone is being drug addict so as to take corrective measures for them. She also guided students not to let peer pressure make them indulge into drug abuse.

Post that, the pledge was taken by everyone with the help of Cadet Monika Tanwar (JDMC NCC). Prof. Sandhya Garg, Vice Principal (JDMC) conducted the pledge in Hindi. The event was successfully organised under the guidance of staff Advisors Dr.Anupama Rajput, Ms. Debahuti Brahmachari, Ms. Shilpa Maggo and Dr. Khurshid Alam. Finally, the vote of thanks was delivered.

National Cadet Corps JDMC also conducted sensitization activities through creative forms and anti drug interactive sessions from 24th to 26th June 2021.

YouTube link for World Anti Drug Pledge Ceremony Day 2021:https://youtu.be/vlSco0\_vAyE







### INTERNATIONAL YOGA DAY

June 21, 2021

Department of Physical Education in collaboration with the staff advisors of Janki Devi Memorial College conducted an online webinar on the theme, **Yog for Unity and Wellness** – **Preventive Healthcare** a lecture cum demonstration Yoga session to celebrate 7<sup>th</sup> *International Yoga Day* on Zoom from 10.30 am to 12.30 pm on June 21, 2021. The invited resources persons for the session were **Acharya Dev Chaudhary** and **Acharya Divya Chaudhary**, New Delhi.

The programme began with the welcome note by Ms. Debahuti Brahmachari, welcoming all the guests and participants. Prof. Swati Pal addressed the audience by highlighting the need for Yoga in present times and expressed hope that this session would prove beneficial to all the participants. After the introductions of the resource persons by Dr Anupama Raput, the programme began by Acharaya Dev Chaudhary with the inauguration prayer and the yoga routine.

He explained each asana and pranayama Kriya with its benefits and contraindications, while Acharya Divya performed for the participants, who performed simultaneously. He then explained the philosophy of Yog and its importance and benefits in daily life, specifically with reference to the present tough and challenging times of COVID. There were 90 participants in the meeting. Ms Shilpa Maggo then took the queries from the participants and Acharya Dev Choudhary answered.

The programme finished with a vote of thanks by Dr. Abha Jain, reiterating the need to adopt yog on a daily basis to ensure a healthy and productive living under any circumstances. She thanked all the guests and participants for joining the 7<sup>th</sup> international Yoga Day celebrations, which was attended by a humongous number participants that included teaching & non-teaching staff, students of JDM College as well as colleges of University of Delhi and outside Delhi. National anthem was played to formally conclude the celebrations.

