

# Janki Devi Memorial College University of Delhi Department of Human Development and Family Empowerment Department Association Report (2024 – 2025)

workshop on Mask and I uppet making. Dearning by doing	
Name of the Event	Workshop on Mask and Puppet making: Learning by doing (16th January, 2025)
Nome of the organizor (c)	TIC: Ms. Nirmala Muralidhar
Name of the organizer (s)	Association-in-charge: Ms. Prerna
	Butta
Type of event	Workshop (Intra College)
(intra-college/inter-college/ state/ national or any other collaboration)	
Objectives of the event:	<ul> <li>Enhance participants' abilities in crafting puppets and masks.</li> </ul>
	- Interact with young children using art, puppets, and masks.
	- Equip participants with creative and practical
	methods for making puppets and masks effectively.
Name and Affiliation of the Resource person	Ms. Pooja Anand, Assistant Professor from the
	Dept. of Education at Shyama Prasad
	Mukherjee College

## Workshop on Mask and Puppet making: Learning by doing

# **Brief Report:**

The Department of HDFE conducted a workshop titled "Mask and Puppet Making: Learning by Doing" on January 16, 2025, in Room No. 5 at JDMC. The session was led by Ms. Pooja Anand, Assistant Professor from the Department of Education at Shyama Prasad Mukherjee College. A total of 30 participants took part in the workshop, which provided an interactive experience, introducing different types of puppets and masks while enhancing participants' skills through practical activities.



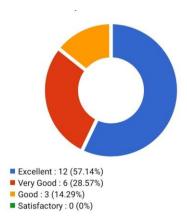
Total no of Attendees (Students): 30 (forms filled by 21 students)

## Sample of feedback/ evaluation form:

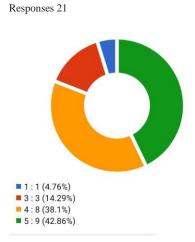
- Q1. Personal Details
- Q2. How will you rate the content of the workshop?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the session?
- Q5. Takeaways from this session
- Q6. Any feedback about of the session

# **Effectiveness Evaluation Document (Pie charts):**

### How will you rate the content of the workshop?

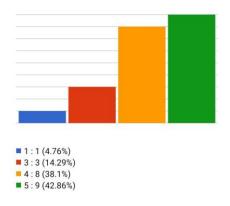


#### How will you rate the presentation/communication of the resource person?

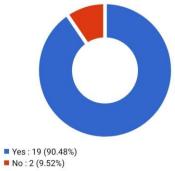


#### How will you rate the overall experience of the session?

Responses 21



#### Would you like us to organise similar sessions/ talks /Workshops ?



## Geo-tagged pictures of the event:









Workshop on Mask and Puppet making: Learning by doing - 16th January, 2023

Cinici s Day	
Name of the Event	Children's Day (14th November, 2024)
Name of the organizer (s)	TIC: Ms. Nirmala Muralidhar
	Association-in-charge: Ms. Prerna Butta
Type of event	-
(intra-college/inter-college/ state/ national or	
any other collaboration)	
Objectives of the event:	To foster community engagement among the students through
	meaningful interactions with children.

## Children's Day

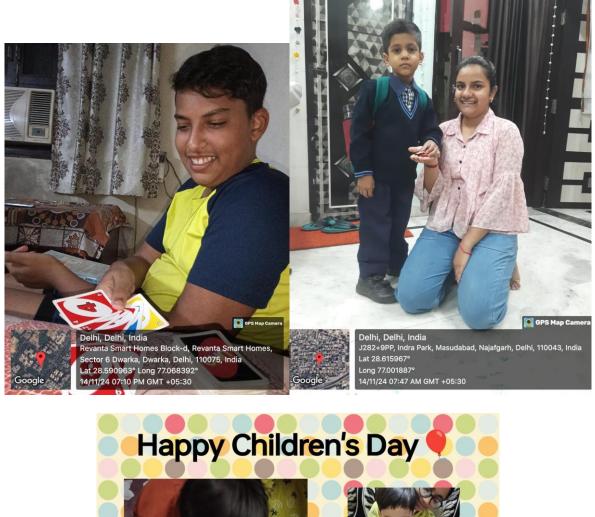
## **Brief Report:**

The students of the Department of HDFE celebrated Children's Day near their residential area. They spent time with the children, played games, and engaged them in various activities, making the celebration enjoyable and memorable for everyone involved.

Geo-tagged photographs of the event:









Children's Day - 14th November, 2024

Digital Delox. Reclaming your Time, while and Reality	
Name of the Event	Digital Detox: Reclaiming your Time, Mind and Reality (10th October, 2024)
	On World Mental Health Day
	TIC: Ms. Nirmala Muralidhar
Name of the organizer (s)	Association-in-charge: Ms. Prerna Butta
Type of event	Intra College
(intra-college/inter-college/ state/ national or any other collaboration)	In collaboration with Sadaysadev
Objectives of the event:	<ul> <li>Create awareness about the impact of digital overuse on mental well-being.</li> <li>Encourage mindful technology use for a balanced lifestule</li> </ul>
Name and Affiliation of the Resource person	lifestyle. Ms. Prachi Jain Sethi, Counselling Psychologist

## Digital Detox: Reclaiming your Time, Mind and Reality

### **Brief Report:**

The Department of HDFE, in collaboration with Sadaysadev, organized a session titled 'Digital Detox: Reclaiming your Time, Mind and Reality' on October 10, 2024, at JDMC to mark *World Mental Health Day*. The session was led by Ms. Prachi Jain Sethi, a counselling psychologist. The session highlighted the impact of digital overuse and provided strategies for mindful technology use. The participants engaged in discussions and practical exercises to improve focus, reduce screen time, and enhance overall well-being.

**Posters:** 



# Total Number of participants (Students) : 31 Sample of feedback/ evaluation form:

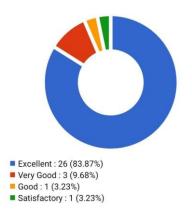
- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the

session?

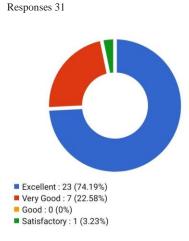
- Q5. Takeaways from this session
- Q6. Any feedback about of the session

## **Effectiveness Evaluation Document (Pie charts):**

#### How will you rate the content of the session?

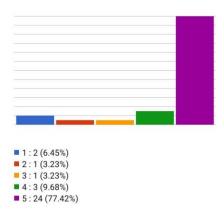


How will you rate the presentation/communication of the resource person?

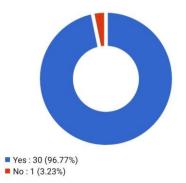


#### How will you rate the overall experience of the session?

Responses 31



#### Would you like us to organise similar sessions/ talks /Workshops ?



## Geo-tagged photographs of the event:





Digital Detox: Reclaiming your Time, Mind and Reality - 10th October, 2024 Digital Detox:

Communication workshop on Reproductive Justice	
Name of the Event	Communication Workshop on Reproductive Justice (26th September, 2024)
Name of the organizer (s)	TIC: Ms. Nirmala Muralidhar Association-in-charge: Ms. Prerna Butta
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Intra College In collaboration with YP Foundation
Objectives of the event:	<ul> <li>Enhance understanding of reproductive justice and rights</li> <li>Encourage open discussions on gender, health,</li> </ul>
	and social justice
Name and Affiliation of the Resource person	Ms. Archana Ria Vikraman, Programme Coordinator, Reproductive Rights Team at YP and Ms. Nishni Shemin, Programme Associate,
	Reproductive Rights Team at YP

## **Communication Workshop on Reproductive Justice**

### **Brief Report:**

The Department of HDFE, in collaboration with YP Foundation, organized 'Communication Workshop on Reproductive Justice' on 26th September, 2024, in room no. 5, JDMC. The resource persons for the workshop were Ms. Archana Ria Vikraman, Programme Coordinator, Reproductive Rights Team at YP and Ms. Nishni Shemin, Programme Associate, Reproductive Rights Team at YP. The session explored reproductive rights and effective communication strategies through discussions and interactive activities.

**Poster:** 



## Total Number of participants (Students) : 27 Sample of feedback/ evaluation form:

- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the

session?

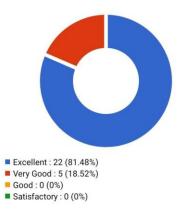
Q5. Takeaways from this session

## Q6. Any feedback about of the session

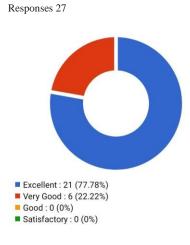
### **Effectiveness Evaluation Document (Pie charts) :**

#### How will you rate the content of the session?

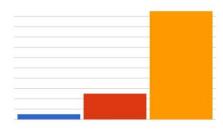
Responses 27



#### How will you rate the presentation/communication of the resource person?



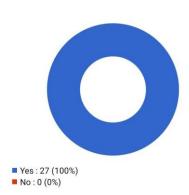
How will you rate the overall experience of the session? Responses 27





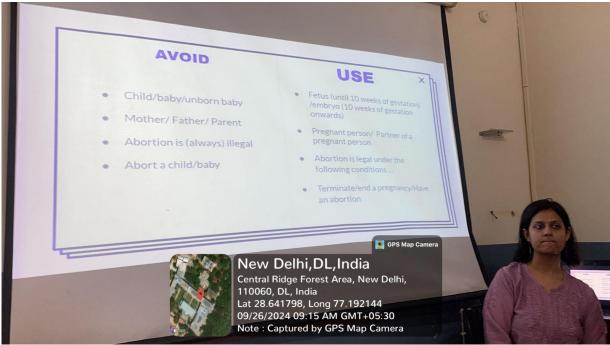
#### Would you like us to organise similar sessions/ talks /Workshops?

Responses 27



### Geo-tagged photographs of the events





Communication Workshop on Reproductive Justice - 26th September, 2024

Name of the Event	Talk on Relevance and Impact of POSH (24th September, 2024)
Name of the organizer (s)	TIC: Ms. Nirmala Muralidhar Association-in-charge: Ms. Prerna Butta
Type of event	Intra College
(intra-college/inter-college/ state/ national or any other collaboration)	In collaboration with Love Care Foundation
Objectives of the event:	<ul> <li>Create awareness about the Prevention of Sexual Harassment (POSH) Act and its significance.</li> <li>Explain legal provisions, rights, and responsibilities under POSH.</li> <li>Highlight the impact of workplace harassment and the importance of a safe work environment.</li> </ul>
Name and Affiliation of the Resource person	Ms. Reema Malhotra, Director Projects, Love Care Foundation; Certified POSH Trainer, Indian Society for Training and Development

Talk on Relevance and Impact of POSH

### **Brief Report:**

The Department of HDFE, in collaboration with Love Care Foundation, organized a talk on 'Relevance and Impact of POSH' on September 24, 2024. The resource person for this talk was Ms. Reema Malhotra, a certified POSH trainer. The session highlighted key legal provisions, reporting mechanisms, and the importance of a safe workplace.

### **Posters:**



# Total Number of participants (Students) : 39 Sample of feedback/ evaluation form:

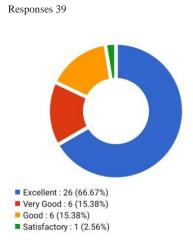
- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the

session?

- Q5. Takeaways from this session
- Q6. Any feedback about of the session

## **Effectiveness Evaluation Document (Pie charts):**

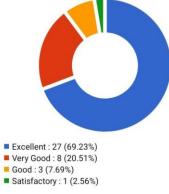
#### How will you rate the content of the session?



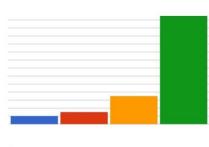
#### How will you rate the presentation/communication of the resource person?



Responses 39



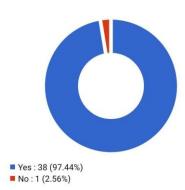
#### How will you rate the overall experience of the session?





#### Would you like us to organise similar sessions/ talks /Workshops

Responses 39



### **Geo-tagged Photographs of the event:**







Talk on Relevance and Impact of POSH - 24th September, 2024

Name of the Event	Talk on Seen not Heard: Reproductive Rights for All (17th September, 2024)
Name of the organizer (s)	TIC: Ms. Nirmala Muralidhar Association-in-charge: Ms. Prerna Butta
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Intra College In collaboration with YP Foundation
Objectives of the event:	Create awareness about reproductive rights and their significance.
Name and Affiliation of the Resource person	Ms. Deepshikha Ghosh, Director of Programme, The YP Foundation

## Talk on Seen not Heard: Reproductive Rights for All

### **Brief Report:**

The Department of HDFE, in collaboration with YP Foundation, organized a talk titled 'Seen not Heard: Reproductive Rights for All' on 17th September, 2024. The talk was led by Ms. Deepshikha Ghosh, Director of Programme at YP Foundation. The session highlighted reproductive rights, access to healthcare, and the importance of informed decision-making.

**Posters:** 



## Total Number of participants (Students) : 25 Sample of feedback/ evaluation form:

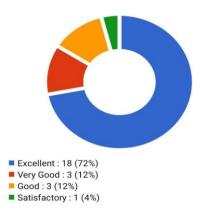
- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the

session?

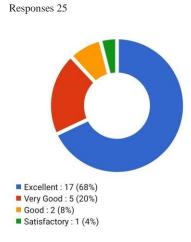
- Q5. Takeaways from this session
- Q6. Any feedback about of the session

## **Effectiveness Evaluation Document (Pie charts):**

### How will you rate the content of the session?

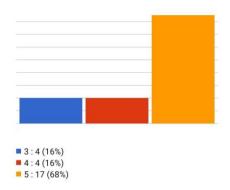


#### How will you rate the presentation/communication of the resource person?

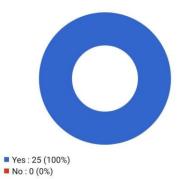


#### How will you rate the overall experience of the session?

Responses 25



#### Would you like us to organise similar sessions/ talks /Workshops ?



## Geo-tagged Photographs of the event:





Talk on Seen not Heard: Reproductive Rights for All - 17th September, 2024

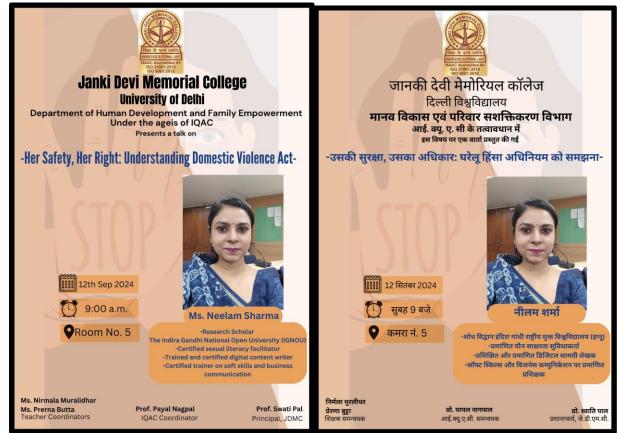
Name of the Event	Her Safety, Her Right- Understanding Domestic Violence Act (12th Sept, 2024)
Name of the organizer (s)	TIC: Ms. Nirmala Muralidhar
	Association-in-charge: Ms. Prerna Butta
Type of event	Intra College
(intra-college/inter-college/ state/ national or any other collaboration)	
Objectives of the event:	- Create awareness about the <i>Domestic Violence Act</i> and its significance
	- Educate participants on legal rights, protections, and support mechanisms for survivors
	<ul> <li>Discuss the impact of domestic violence on individuals and society</li> </ul>
Name and Affiliation of the Resource person	Ms. Neelam Sharma, Research Scholar, IGNOU; Certified Sexual Literacy Facilitator; Trained and Certified digital content writer; Certified trainer on soft skills and business communication.

### Talk on Her Safety, Her Right- Understanding Domestic Violence Act

## **Brief Report:**

The Department of HDFE organized a talk titled 'Her Safety, Her Right – Understanding Domestic Violence Act' on 12th September, 2024. The talk was led by Ms. Neelam Sharma. The session focused on legal protections, survivor support, and strategies to combat domestic violence, empowering participants with crucial knowledge.

### **Posters:**



Total Number of participants (Students) : 33 Sample of feedback/ evaluation form:

- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the

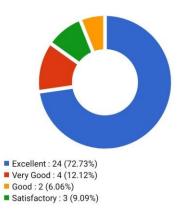
session?

- Q5. Takeaways from this session
- Q6. Any feedback about of the session

## **Effectiveness Evaluation Document (Pie charts):**

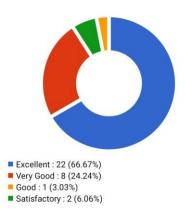
How will you rate the content of the session?

Response 33

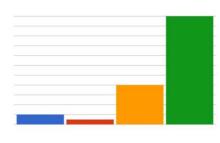


#### How will you rate the presentation/communication of the resource person?

Responses 33



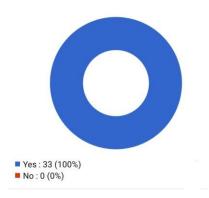
#### How will you rate the overall experience of the session?





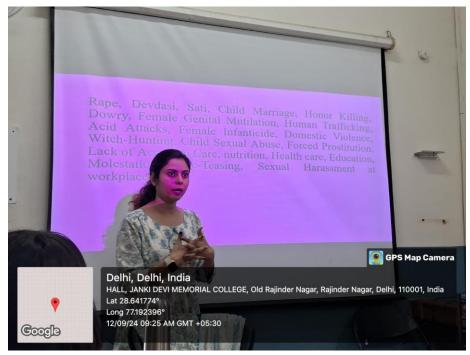
#### Would you like us to organise similar sessions/ talks /Workshops ?

Responses 33



## **Geo-tagged Photographs of the event:**





Her Safety, Her Right- Understanding Domestic Violence Act - 12th Sept, 2024

Name of the Event	Child Protection: Role of Stakeholders (10th Sept, 2024)
Name of the organizer (s)	TIC: Ms. Nirmala Muralidhar Association-in-charge: Ms. Prerna Butta
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Intra College
Objectives of the event:	<ul> <li>Create awareness about child protection laws and policies</li> <li>Discuss the roles and responsibilities of key stakeholders in ensuring child safety</li> <li>Discuss strategies for preventing child abuse and exploitation</li> </ul>
Name and Affiliation of the Resource person	Ms. Sony Sinha, Faculty, Delhi Skill and Entrepreneurship University (DSEU)

### **Child Protection: Role of Stakeholders**

#### **Brief Report:**

The Department of HDFE organized a session titled 'Child Protection: Role of Stakeholders' on 10th September, 2024. The session was led by Sony Sinha, Faculty at Delhi Skill and

Entrepreneurship University (DSEU). The session focused on the roles of various stakeholders in ensuring child safety and effective strategies for child protection.

## **Posters:**

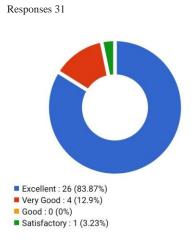


## Total Number of participants (Students) : 31 Sample of feedback/ evaluation form:

- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the
- session?
- Q5. Takeaways from this session
- Q6. Any feedback about of the session

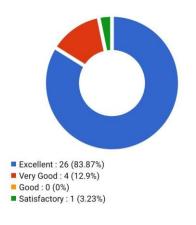
## **Effectiveness Evaluation Document (Pie charts):**

How will you rate the content of the session?

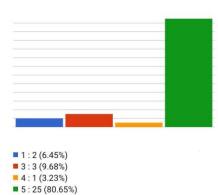


#### How will you rate the presentation/communication of the resource person?

Responses 31

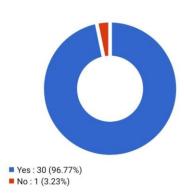


#### How will you rate the overall experience of the session?



#### Would you like us to organise similar sessions/ talks /Workshops ?

Responses 31



## **Geo-tagged Photographs of the event:**





Child Protection: Role of Stakeholders - 10th Sept, 2024

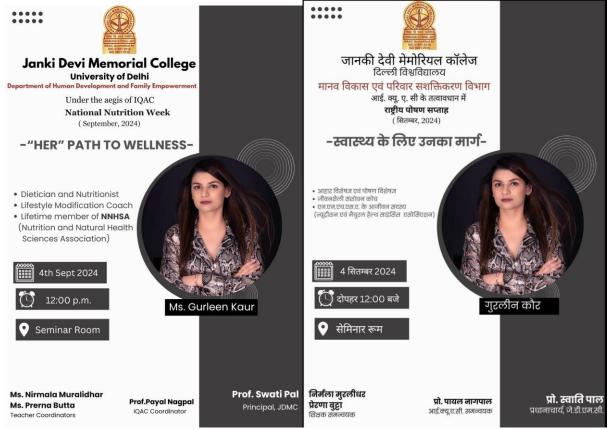
Her Fail to wellness	
Name of the Event	"Her" Path to Wellness
	(4th Sept, 2024)
	National Nutrition Week
	TIC: Ms. Nirmala Muralidhar
Name of the organizer (s)	Association-in-charge: Ms. Prerna Butta
Type of event	Intra College
(intra-college/inter-college/ state/ national or	
any other collaboration)	
	- Create awareness about the importance of nutrition in
<b>Objectives of the event:</b>	women's health and wellness
	- Promote healthy eating habits and lifestyle choices for
	overall well-being.
	- Educate participants on the impact of nutrition on
	physical and mental health
Name and Affiliation of the Resource person	Ms. Gurleen Kaur, Dietician and Nutritionist; Lifestyle modification Coach; Lifetime member of NNHSA

### "Her" Path to Wellness

### **Brief Report:**

The Department of HDFE organized a session titled "Her" Path to Wellness during National Nutrition Week on 4th September, 2024. The session was led by Ms. Gurleen Kaur, Dietician and Nutritionist, and Lifestyle Modification Coach. The session focused on empowering women with practical nutrition and wellness strategies for maintaining a healthy lifestyle.

### **Posters:**



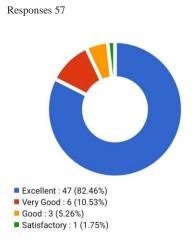
Total Number of participants (Students) : 57

## Sample of feedback/ evaluation form:

- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the session?
- Q5. Takeaways from this session
- Q6. Any feedback about of the session

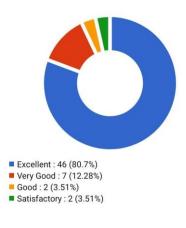
## **Effectiveness Evaluation Document (Pie charts):**

How will you rate the content of the session?

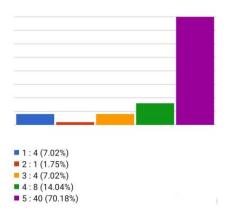


#### How will you rate the presentation/communication of the resource person?

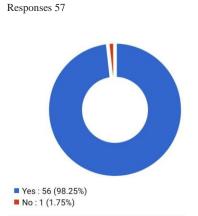
Responses 57



#### How will you rate the overall experience of the session?



Would you like us to organise similar sessions/ talks /Workshops ?









"Her" Path to Wellness - 4th September, 2024

Name of the Event	Deeksharambh - The Student Induction Programme (3rd September, 2024)
Name of the organizer (s)	TIC: Ms. Nirmala Muralidhar Association-in-charge: Ms. Prerna Butta
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Intra College
Objectives of the event:	<ul> <li>To familiarize students with key details about the course structure, credits, and assessment methods</li> <li>To introduce faculty members and provide a comprehensive overview of the course content</li> </ul>

### **Deeksharambh - The Student Induction Programme**

### **Brief Report:**

The Department of Human Development and Family Empowerment held the Deeksharambh -Student Induction Programme on 3rd September, 2024, in Room No. 5, JDMC. The session aimed to offer vital information and guidance to students. Faculty members provided an overview of the course, including credit requirements (theory and practical) and assessment methods, concluding with motivating remarks and an engaging Q&A session.

### **Posters:**



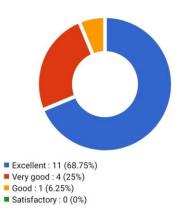
# Total Number of participants (Students) : 16 Sample of feedback/ evaluation form:

- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the session?
- Q5. Takeaways from this session
- Q6. Any feedback about of the session

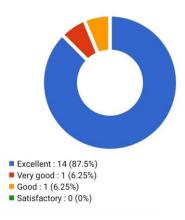
### **Effectiveness Evaluation Document (Pie charts):**

#### How will you rate the content of the session?

Responses 16

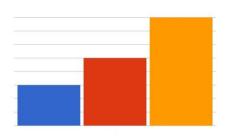


#### How will you rate the presentation/communication of the resource person?

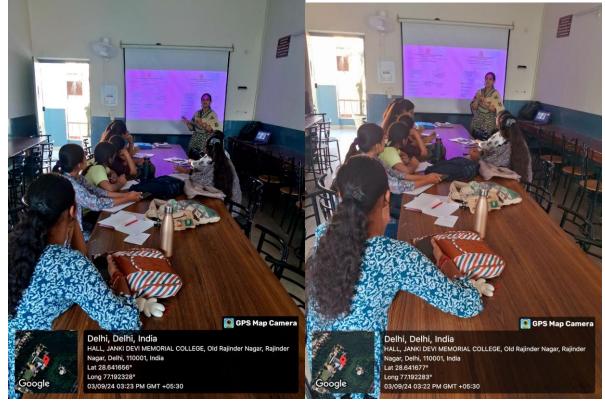


#### How will you rate the overall experience of the session?

Responses 16



1:3 (18.75%)
4:5 (31.25%)
5:8 (50%)



Deeksharambh - The Student Induction Programme - 3rd September, 2024

# Workshop on Child Rights

Name of the Event	Workshop on Child Rights	
	(28th August, 2024)	
	TIC: Ms. Nirmala Muralidhar	
Name of the organizer (s)	I IC. MIS. MITIMAIA MUTAHUHAI	
	Association-in-charge: Ms. Prerna Butta	
Type of event	Intra College	
(intra-college/inter-college/ state/ national or		
any other collaboration)		
any other conaboration)		
Objectives of the event:	- Create awareness about child rights	
	- Discussion about the common violations of child rights	
Name and Affiliation of the Resource person	Dr. Ridhi Sethi, Guest faculty, Ambedkar University, ECCE Expert,	
	Founder Child Care for All	

## **Brief Report:**

The Department of HDFE organized a Workshop on Child Rights on 28th August, 2024, led by Dr. Ridhi Sethi, Guest Faculty at Ambedkar University, ECCE Expert, and Founder of Child Care for All. The workshop focused on child rights awareness, legal frameworks, and advocacy, empowering participants to protect children's welfare.

**Posters:** 

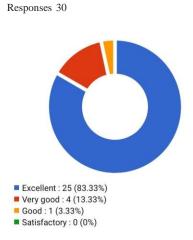


# Total Number of participants (Students) : 30 Sample of feedback/ evaluation form:

- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the
- session?
- Q5. Takeaways from this session
- Q6. Any feedback about of the session

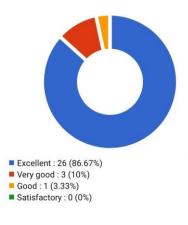
### **Effectiveness Evaluation Document (Pie charts):**

How will you rate the content of the session?



#### How will you rate the presentation/communication of the resource person?

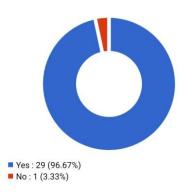
Responses 30

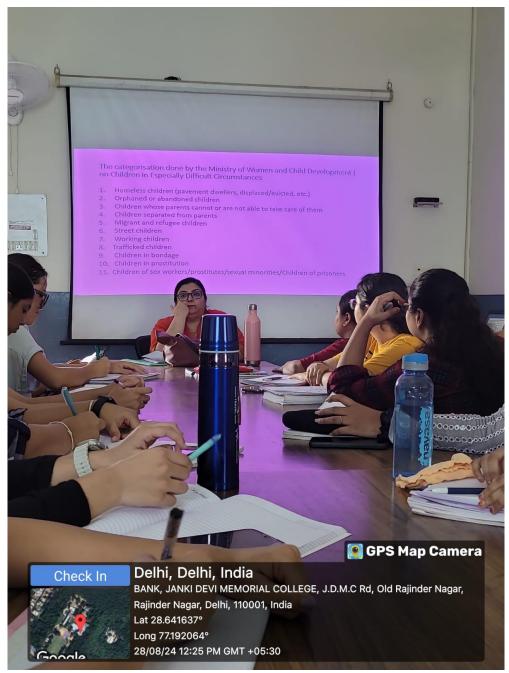


#### How will you rate the overall experience of the session?

<b>1</b> :1(3.33%)	
2:1(3.33%)	
<b>3</b> :1 (3.33%)	
<b>4</b> : 7 (23.33%)	
<b>5</b> :20 (66.67%)	

### Would you like us to organise similar sessions/ talks /Workshops ?





Workshop on Child Rights - 28th August, 2024

	p on Gender Sensitisation
Name of the Event	Workshop on Gender Sensitisation
	(20th August, 2024)
Name of the organizer (s)	TIC: Ms. Nirmala Muralidhar
	Association-in-charge: Ms. Prerna Butta
Type of event	Intra College
(intra-college/inter-college/ state/ national or any other collaboration)	
Objectives of the event:	- To educate participants about the concepts of gender, gender identity, and gender stereotypes
	<ul> <li>To foster understanding of gender equality and the importance of creating inclusive environments</li> <li>To promote respect and inclusivity towards individuals of all gender identities and expressions</li> </ul>
Name and Affiliation of the Resource person	Dr. Shruti Pokhriyal, Counselor

## Workshop on Gender Sensitisation

## **Brief Report:**

The Department of HDFE organized a Workshop on Gender Sensitisation on 20th August, 2024. The resource person for this workshop was Dr. Shruti Pokhriyal, a counselor. The session focused on creating awareness about gender issues, promoting equality, and fostering an inclusive and respectful environment.

### **Posters:**



# Total Number of participants (Students) : 30 Sample of feedback/ evaluation form:

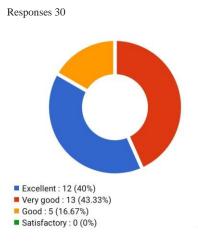
- Q1. Personal Details
- Q2. How will you rate the content of the session?
- Q3. How will you rate the presentation/communication of the resource person?
- Q4. How will you rate the overall experience of the

session?

- Q5. Takeaways from this session
- Q6. Any feedback about of the session

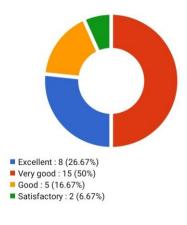
### **Effectiveness Evaluation Document (Pie charts):**

#### How will you rate the content of the session?

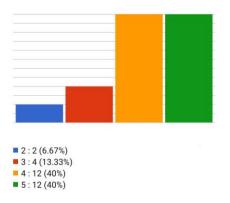


#### How will you rate the presentation/communication of the resource person?

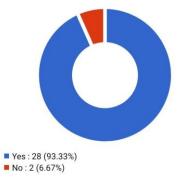
Responses 30



#### How will you rate the overall experience of the session?



Would you like us to organise similar sessions/ talks /Workshops ? Responses 30







Workshop on Gender Sensitisation - 20th August, 2024