

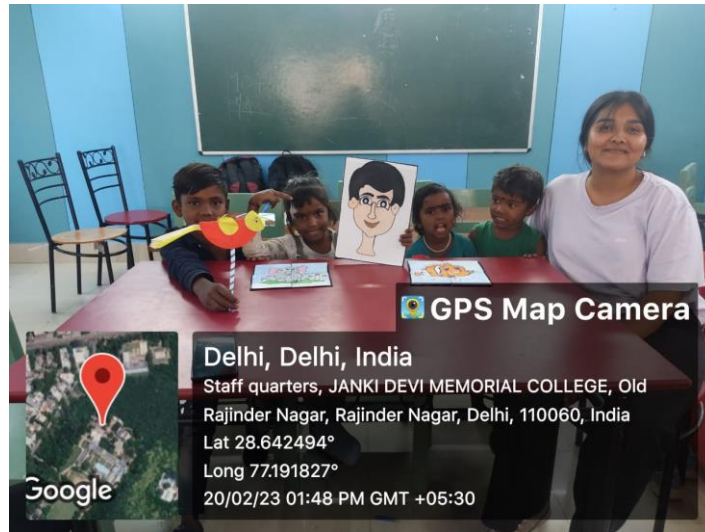
Department Of Development and Family Empowerment
Department Association Report
(2022 – 2023)

1. INTERNSHIP IN PLAY SCHOOLS - FEBRUARY, 2023 – MARCH, 2023

Second year students of HDFE Department did their internship as a part of their practical work, in different play schools and construction sites. This hands-on experience provided the students with a deeper understanding of the practical aspects of working in a play school setting. Through this internship, the students gained insight into the challenges and rewards of working with young children, as well as the importance of fostering a positive and supportive learning environment. Overall, the internship was a valuable opportunity for the students to apply their theoretical knowledge to real-world situations and gain practical experience in the field of child education.



Internship in play schools - February, 2023 – March, 2023



Internship in play schools - February, 2023 – March, 2023



Internship in play schools - February, 2023 – March, 2023



Internship in play schools (and construction sites) - February, 2023 – March, 2023



Internship in play schools - February, 2023 – March, 2023



Internship in play schools - February, 2023 – March, 2023

2. MANAGING BEHAVIOUR CONCERNS IN CHILDREN – 28TH FEBRUARY, 2023

The Department of HDFE organized an insightful talk on "Managing Behaviour Concerns in Children" on 28th February 2023. The speaker for the event was Ms. Dipika Sharma, Psychologist and Rehabilitation Counselor -RCI registered, specialization in child and Adolescent, Alumna, JDMC. The talk was held in Room No. 5, JDMC and was attended by an enthusiastic audience eager to learn about effective strategies for managing challenging behavior in children. Ms. Sharma's talk was well-received by the students.



Janki Devi Memorial College
University of Delhi

Department of Human Development and Family Empowerment

Managing Behaviour Concerns in Children



Dipika Sharma
Psychologist & Rehabilitation Counselor (RCI Registered),
Specialization in Child & Adolescent
Alumna JDMC

28th February, 2023; 9:30am
Venue: Room Number 5

Ms.Nirmala Muralidhar
Ms. Purna Butta
Faculty Coordinators

Prof. Swati Pal
Principal, JDMC

Managing behaviour concerns in children – 28th February, 2023



Managing behaviour concerns in children – 28th February, 2023



Managing behaviour concerns in children – 28th February, 2023

3. AUTISM SPECTRUM DISORDER – DIAGNOSIS AND TREATMENT – 7TH FEBRUARY, 2023

The Department of Human Development and Family Empowerment, JDMC organized an informative talk on "Autism Spectrum Disorder – Diagnosis and Treatment" on 7th February 2023. The speaker for the event was Sukriti Sachdeva Dhawan, Pediatric Counseling Psychologist. The talk was held in Room No. 5, JDMC, and was well-attended by the students. Ms. Dhawan's talk was enlightening and provided valuable insights on the various techniques and approaches used in the diagnosis and treatment of Autism Spectrum Disorder.



Autism Spectrum Disorder – Diagnosis and Treatment – 7th February, 2023



Autism Spectrum Disorder – Diagnosis and Treatment – 7th February, 2023



Autism Spectrum Disorder – Diagnosis and Treatment – 7th February, 2023



Autism Spectrum Disorder – Diagnosis and Treatment – 7th February, 2023



Autism Spectrum Disorder – Diagnosis and Treatment – 7th February, 2023

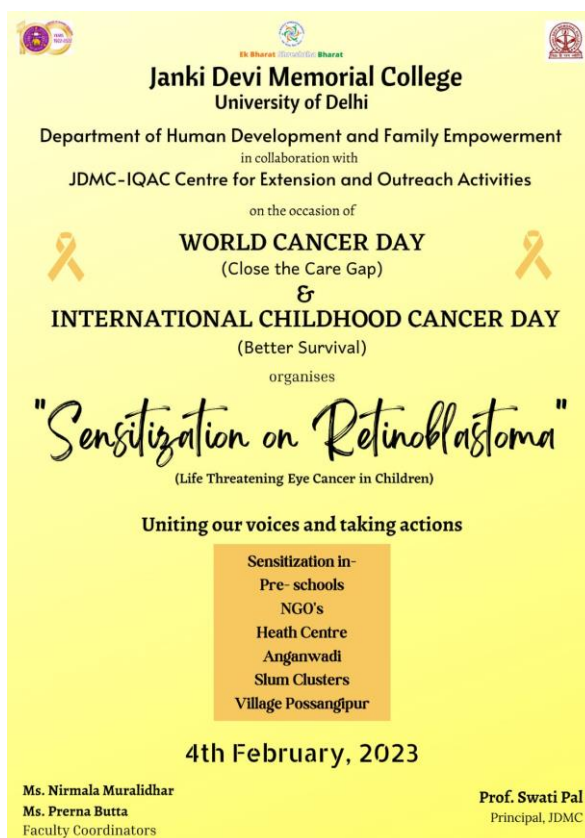


Autism Spectrum Disorder – Diagnosis and Treatment – 7th February, 2023

4. SENSITIZATION ON RETINOBLASTOMA – 4TH FEBRUARY, 2023

On the occasion of World Cancer Day and International Childhood Cancer Day, the Department of Human Development and Family Empowerment (HDFE) organized an event titled "Sensitization on Retinoblastoma" on 4th February 2023 in collaboration with JDMC-IQAC Center for Extension and Outreach Activities. The event was flagged off at Janki Devi Memorial College, where students and faculty sensitized the community about the importance of early detection and treatment of eye cancer in children.

The initiative aimed to create awareness about eye cancer in children and was conducted in multiple locations such as preschools, NGOs, health centers, Anganwadis at Possangipur village, slum clusters. They distributed flyers and conducted eye screening for children. The event had a significant impact as it reached out to a large number of people, educating them about the signs, diagnosis, and treatment of retinoblastoma.



Sensitization on Retinoblastoma – 4th February, 2023



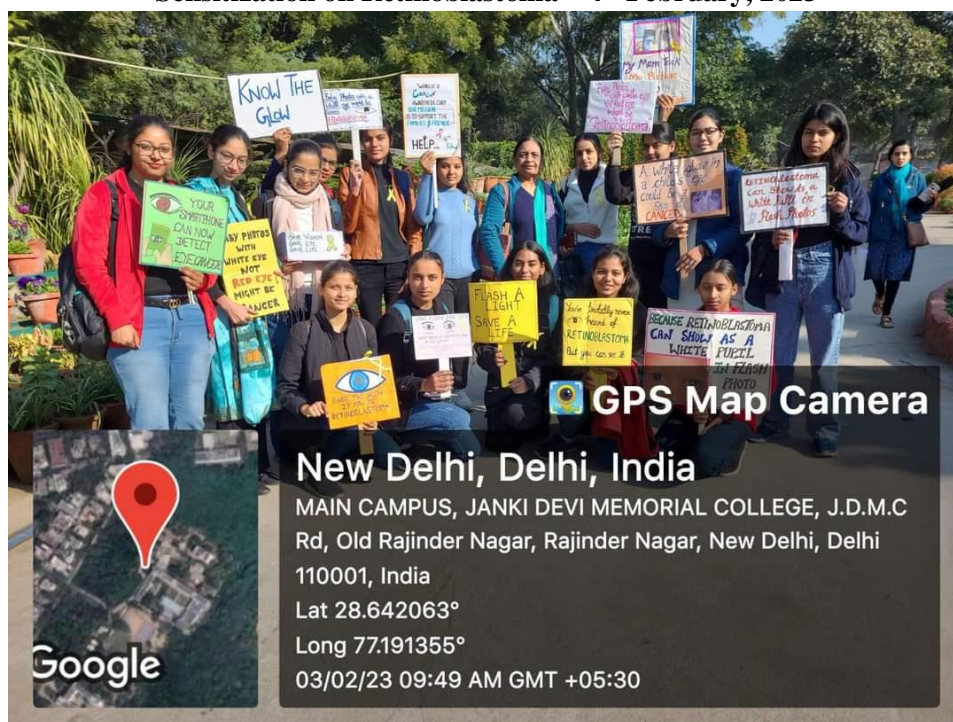
Sensitization on Retinoblastoma – 4th February, 2023



Sensitization on Retinoblastoma – 4th February, 2023



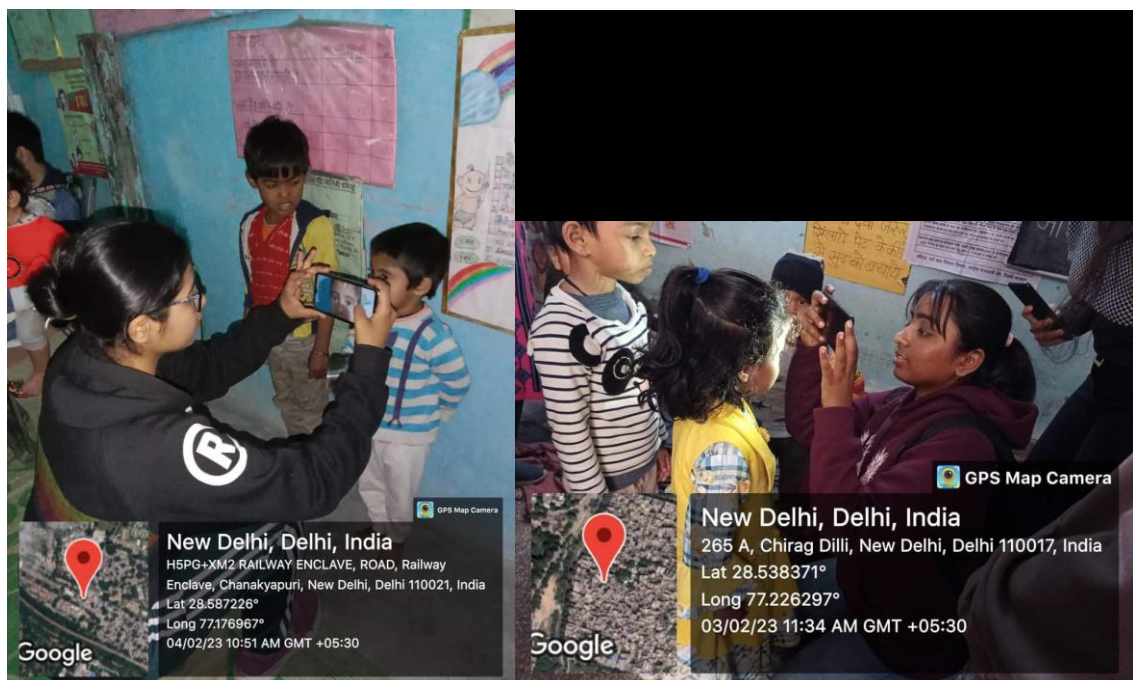
Sensitization on Retinoblastoma – 4th February, 2023



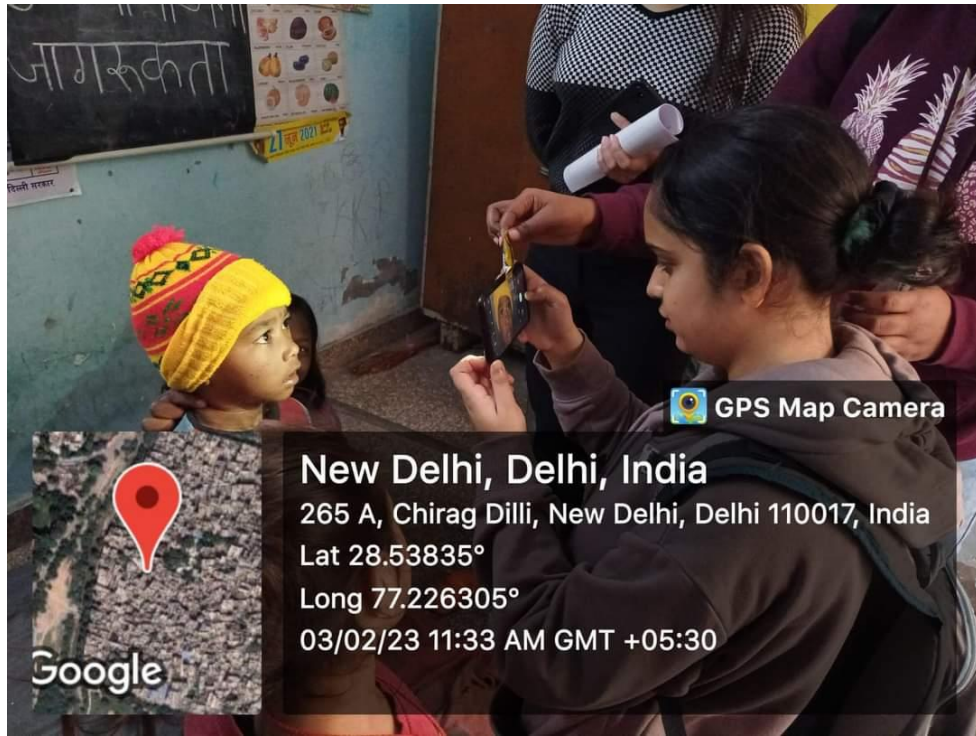
Sensitization on Retinoblastoma – 4th February, 2023



Sensitization on Retinoblastoma – 4th February, 2023



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Sensitization on Retinoblastoma – 4th February, 2023

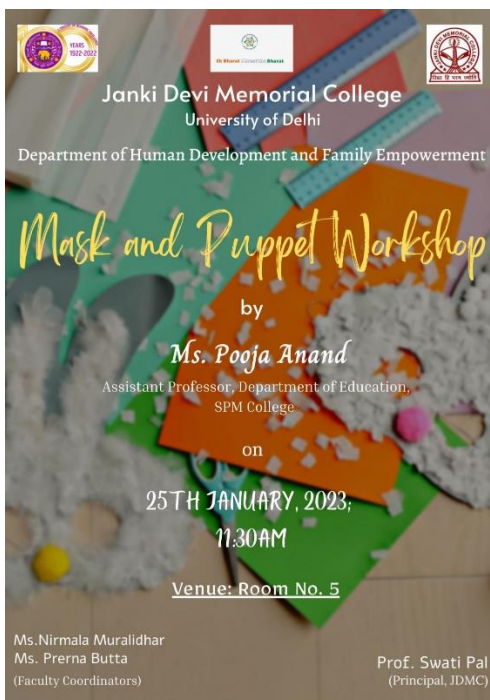


Sensitization on Retinoblastoma – 4th February, 2023

5. MASK AND PUPPET WORKSHOP – 25TH JANUARY, 2023

The Department of Human Development and Family Empowerment, Janki Devi Memorial College, University of Delhi organised a 'Mask and Puppet Workshop' on 25th January, 2023 in Room Number 5. The workshop was conducted by Ms. Pooja Anand, Assistant Professor, Department of Education, Shyama Prasad Mukherji College, University of Delhi.

Ms. Anand demonstrated the preparation of different types of puppet like, stick puppet, hand puppet, masks to name a few. The workshop was very engaging and beneficial for the students.



Mask and Puppet Workshop – 25th January, 2023



Mask and Puppet Workshop – 25th January, 2023



Mask and Puppet Workshop – 25th January, 2023



Mask and Puppet Workshop – 25th January, 2023



Mask and Puppet Workshop – 25th January, 2023



Mask and Puppet Workshop – 25th January, 2023

6. EDUCATION OF CHILDREN WITH SPECIAL NEEDS (ON THE OCCASION OF INTERNATIONAL DAY OF PERSONS WITH DISABILITIES) - 2ND DECEMBER, 2022

On the occasion of **International day of Persons with Disabilities**, the Department of HDPE under the aegis of JDMC-IQAC Center for Extension and Outreach Activities organized a session titled, “**Education of children with special needs**” on **2nd December, 2022**. The speaker for this workshop was Ms. Jaisika Goel, Founder Director Crafting Lives, Therapy Center for Special Needs, RCI registered professional.






Janki Devi Memorial College
 University of Delhi
 Department of Human Development and Family Empowerment
under the aegis of
 JDMC-IQAC Centre for Extension and Outreach Activities
on the occasion of
International Day of Persons with Disabilities
EDUCATION OF CHILDREN WITH SPECIAL NEEDS


Ms. Jaisika Goel
 Founder Director Crafting Lives, Therapy Center for Special Needs
 RCI Registered Professional

2nd December, 2022;
5:00 pm
 (Mode-Online)

Ms. Nirmala Muralidhar
 Ms. Purna Butta
 (Faculty Coordinators)

Prof. Swati Pal
 (Principal, JDMC)

Education of children with special needs (on the occasion of International day of persons with disabilities) - 2nd December, 2022

EDUCATION OF CHILDREN WITH SPECIAL

SPEAKER: JAISIKA GOEL (FOUNDER-DIRECTOR)
 CRAFTING LIVES (THERAPY CENTER FOR SPECIAL NEEDS)

www.craftinglives.com
 Email: jaisika@gmail.com

YouTube:
<https://www.youtube.com/@craftinglives-specialeducation>
<https://www.facebook.com/forthespecialchild>




Video call participants:
 Anshita Sharma
 Nirmala Muralidhar
 J
 Shivani

Education of children with special needs (on the occasion of International day of persons with disabilities) - 2nd December, 2022

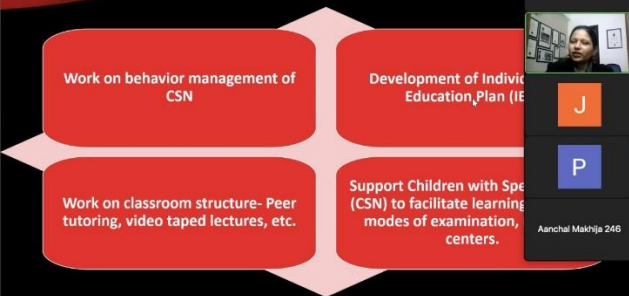

DIFFERENT TYPES OF SPECIAL NEEDS IN A SCHOOL SETUP

- Orthopedic impairments or locomotor disability
- Intellectual impairments
- Academic impairments or learning disability
- Speech impairments
- Autism Spectrum Disorders
- Multiple disabilities
- Visual impairments
- Hearing impairments

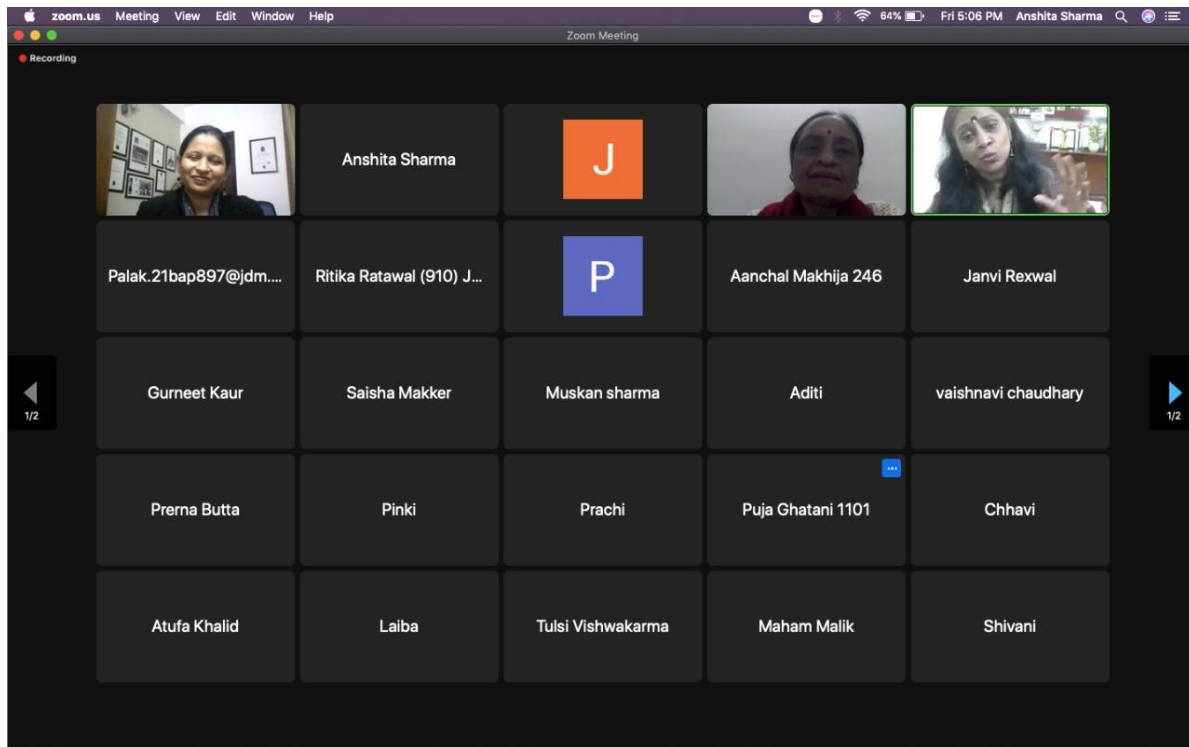



Education of children with special needs (on the occasion of International day of persons with disabilities) - 2nd December, 2022

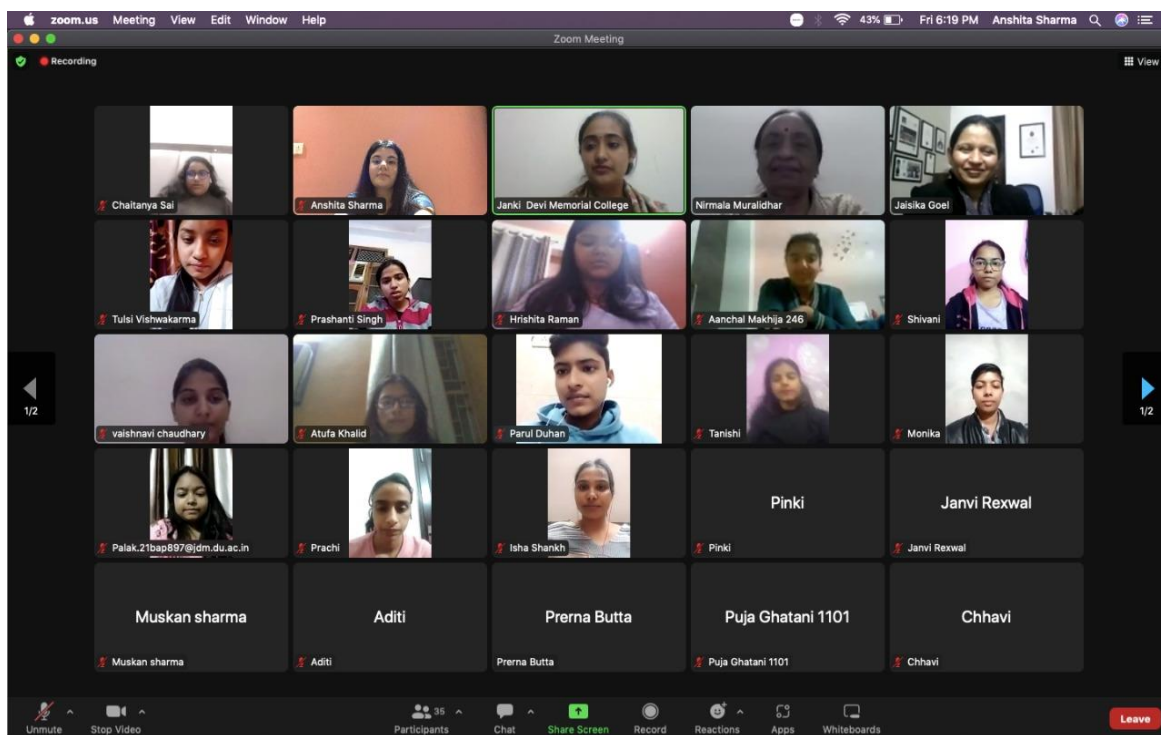
**FACILITATING INCLUSION IN SCHOOLS
ROLE OF SPECIAL EDUCATOR**

Education of children with special needs (on the occasion of International day of persons with disabilities) - 2nd December, 2022



Education of children with special needs (on the occasion of International day of persons with disabilities) - 2nd December, 2022



Education of children with special needs (on the occasion of International day of persons with disabilities) - 2nd December, 2022

7. VISIT TO MATERNAL AND CHILD HEALTH CENTER – 9TH NOVEMBER, 2022

The students (II year) of the HDFE department visited the Maternal and Child Health Center (12, block 52, Rajinder Nagar, New Delhi) on November 9, 2022, to understand the services provided and objectives of the MCH center.

MCH Center is a government center. All the services like family planning, a complete health checkup of mother and child (from conception to birth), health education for parents, taking care of children, immunisation of mother and child, iron and folic acid tablets, etc. are facilitated by the government itself.

The walls of the centre were full of posters, which provided necessary information about immunization, breast feeding, thyroid disorders, and "Schedule." The centre was clean and highly organised. They showed the data through different charts, which included their "monthly reporting of family planning" and "monthly report of child immunisation."



Visit to maternal and child health center – 9th November, 2022



Visit to maternal and child health center – 9th November, 2022



Visit to maternal and child health center – 9th November, 2022



Visit to maternal and child health center – 9th November, 2022



Visit to maternal and child health center – 9th November, 2022



Visit to maternal and child health center – 9th November, 2022



Visit to maternal and child health center – 9th November, 2022

8. TEACHER'S DAY CELEBRATION – 5TH SEPTEMBER, 2022



Teacher's day celebration – 5th September, 2022



Teacher's day celebration – 5th September, 2022



Teacher's day celebration – 5th September, 2022



Teacher's day celebration – 5th September, 2022

9. WORLD FOOD DAY 'DONATE A THALI' – 14TH OCTOBER, 2022 TO 23RD OCTOBER, 2022

On the occasion of World Food Day, the Department of HDFE under the aegis of JDMC-IQAC Center for Extension and Outreach Activities participated in 'Donate a Thali' initiative in association with Love Care Foundation. We were able to contribute 276 thalis. Students and faculty members of HDFE department volunteered for this Campaign at Noida and Kaushambi and distributed the thalis to the underprivileged.






Janki Devi Memorial College
University of Delhi

Department of Human Development and Family Empowerment
under the aegis of
JDMC-IQAC Centre for Extension and Outreach Activities
in association with
Love Care Foundation

Donate a Thali

(14th October, 2022 - 23rd October, 2022)

16th October, 2022 - World Food Day
at
KAUSHAMBI CENTRAL PARK
(12.00 - 2.00PM)
Join us to distribute a thali



Scan to Donate
Cost per thali: 99/-

paytm - 8920468308 **Pay** - 9899079000

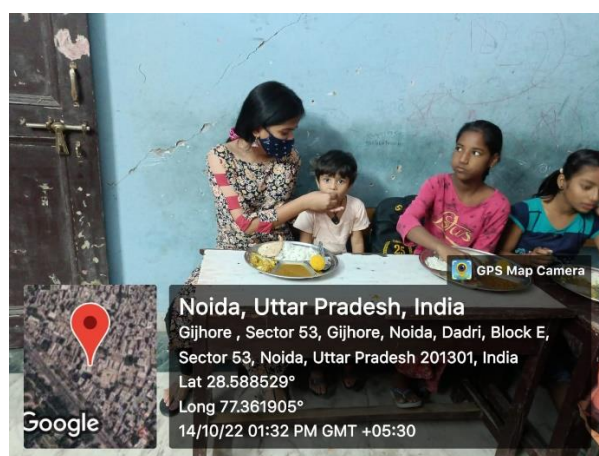
UPI ID: lovecare.foundation@jankidc

Ms. Nirmala Muralidhar
Ms. Prerna Butta
(Faculty Coordinators)

Mr. Sanjoo Dadroo
(National Director, Love Care Foundation)
Ms. Reema Malhotra
(Director Projects, Love Care Foundation)

Prof. Swati Pal
(Principal, JDMC)

World Food Day 'Donate a Thali' – 14th October, 2022 to 23rd October, 2022



World Food Day 'Donate a Thali' – 14th October, 2022 to 23rd October, 2022



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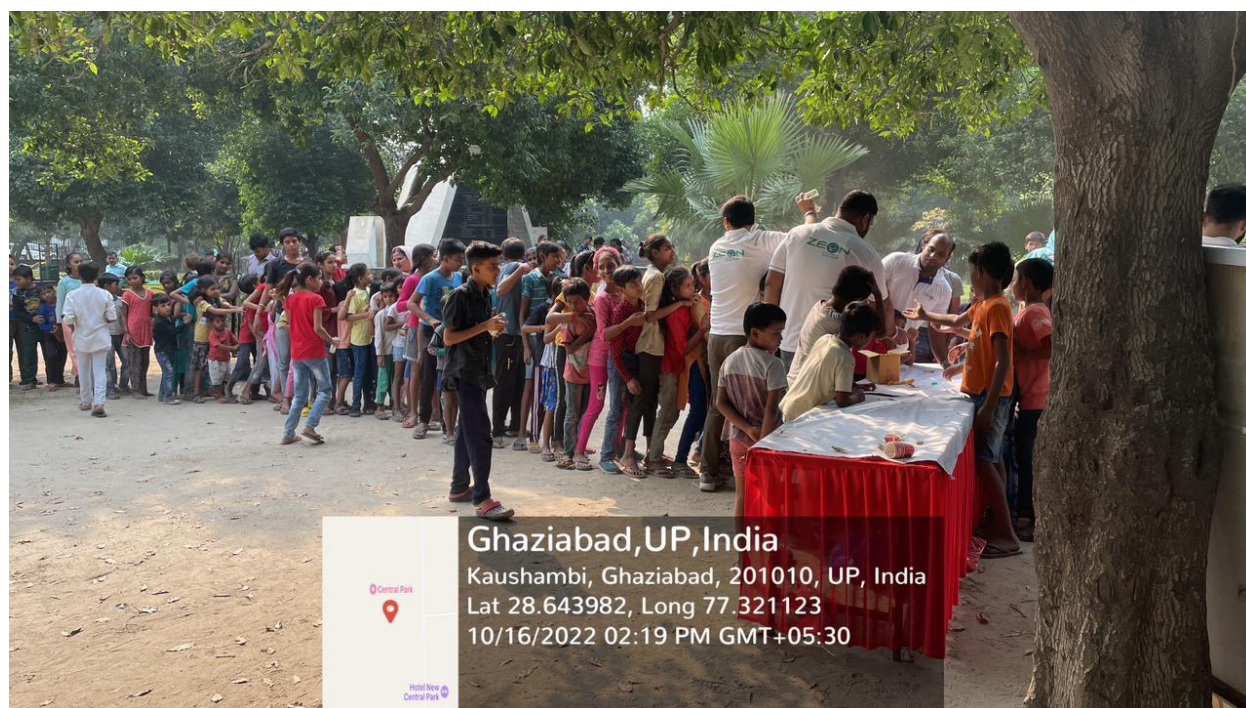
World Food Day ‘Donate a Thali’ – 14th October, 2022 to 23rd October, 2022



|World Food Day ‘Donate a Thali’ – 14th October, 2022 to 23rd October, 2022



World Food Day ‘Donate a Thali’ – 14th October, 2022 to 23rd October, 2022 (Certificates received by JDMC and HDDE Department)



World Food Day ‘Donate a Thali’ – 14th October, 2022 to 23rd October, 2022



World Food Day 'Donate a Thali' – 14th October, 2022 to 23rd October, 2022

10. JOY OF GIVING WEEK – 2ND OCTOBER, 2022 TO 8TH OCTOBER, 2022

The Joy of Giving also known as Daan Utsav is a festival of giving, which is celebrated in the first week of October every year. The Department of HD FE, JDMC under the aegis of JDMC-IQAC Centre for Extension and Outreach Activities successfully celebrated the Joy of Giving Week (PAN India).

Activities of Joy of Giving by the Department of HD FE

Day 1 (2nd October, 2022) - Hum Honge Kamyab (NGO), Chakul, an organization, and nearby neighborhood

Distributed eatables and did some activities with children

Day 2 (3rd October, 2022)

Senior Citizens Home – distributed tea time snacks

Children of the World – Distributed some stationary items

Some students distributed eatables and stationary items to the children in their neighborhood.

Day 3 (4th October, 2022)

The Earth Saviours Foundation (NGO) – Distributed eatables

Distributed eatables and did some activities with children (near neighborhood)

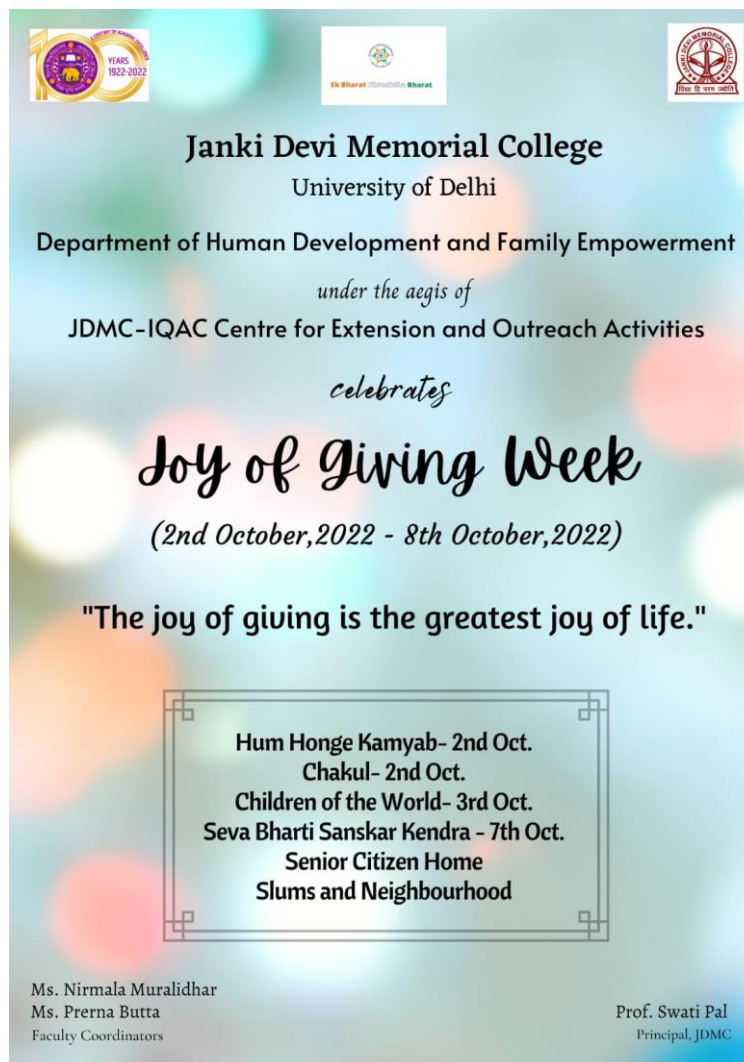
Day 4 (5th October, 2022)




Distributed eatables near the residential areas

Day 5 (6th October, 2022)

Nav Jeevan Prayas - Distributed some stationary items

Students distributed eatables to the children near their residential area.



Janki Devi Memorial College
University of Delhi

Department of Human Development and Family Empowerment
under the aegis of
JDMC-IQAC Centre for Extension and Outreach Activities
celebrates

Joy of Giving Week
(2nd October, 2022 - 8th October, 2022)

"The joy of giving is the greatest joy of life."

Hum Honge Kamyab- 2nd Oct.
Chakul- 2nd Oct.
Children of the World- 3rd Oct.
Seva Bharti Sanskar Kendra - 7th Oct.
Senior Citizen Home
Slums and Neighbourhood

Ms. Nirmala Muralidhar
Ms. Perna Butta
Faculty Coordinators

Prof. Swati Pal
Principal, JDMC



Joy of Giving Week - - Hum Honge Kamyab, NGO (2nd October, 2022)



Joy of Giving Week - Hum Honge Kamyab, NGO (2nd October, 2022)



Joy of Giving Week - Chakul (2nd October, 2022)



Joy of Giving Week - Chakul (2nd October, 2022)



Joy of Giving Week – Near Neighborhood (2nd October, 2022)



Joy of Giving Week - Senior Citizens Home (3rd October, 2022)



Joy of Giving Week - Children of the World (3rd October, 2022)



Joy of Giving Week – Near Neighborhood (3rd October, 2022)



Joy of Giving Week - The Earth Saviours Foundation, NGO – (4th October, 2022)



Joy of Giving Week – Near Neighborhood (4th October, 2022)



Oct 5, 2022 2:20:36 PM
Rohini North West Delhi Delhi



Oct 5, 2022 2:20:48 PM
Rohini North West Delhi Delhi

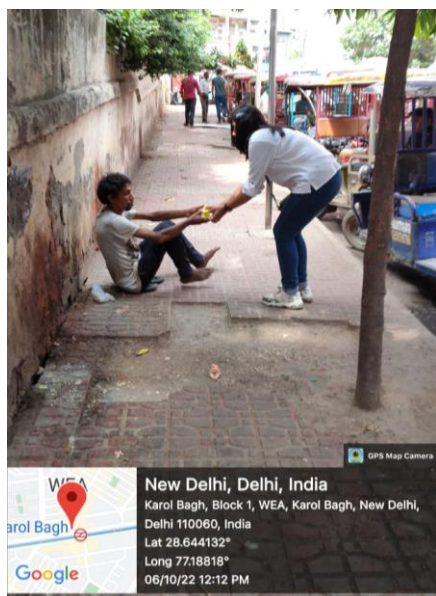
Joy of Giving Week Near the residential areas (5th October, 2022)



Joy of Giving Week - Nav Jeevan Prayas (6th October, 2022)



Joy of Giving Week Near the residential areas (6th October, 2022)



Joy of Giving Week Near the residential areas (6th October, 2022)

11. A TALK ON "CHILD TRAFFICKING & BONDED LABOUR" – 27th September, 2022

The Department of Human Development and Family Empowerment, JDMC in collaboration with Prayas, JAS Society organised a talk, titled “Child trafficking & bonded labour” on 27th September, 2022. The talk was delivered by Ms. Sony Sinha (Academician & Research Scholar, PK University) in Room No. 5. A total of 26 participants attended this talk (Students – 25, Faculty members – 1).



The poster is for a talk titled "Child Trafficking & Bonded Labour" held at Janki Devi Memorial College, University of Delhi. It features logos for Prayas, JAS Society, and the Department of Human Development and Family Empowerment. The speaker is Ms. Sony Sinha, an Academician & Research Scholar from PK University. The event is scheduled for 27th September, 2022, at 10:00am in Room no. 5. Teacher coordinators listed are Deepshikha Singh, Ms. Nirmala Muralidhar, Ms. Perna Butta, and Prof. Swati Pal.

Janki Devi Memorial College
University of Delhi

Department of Human Development and Family Empowerment
in collaboration with
Prayas, JAC Society

Child Trafficking & Bonded Labour



Ms. Sony Sinha
Academician & Research Scholar,
PK University

27th September, 2022; 10:00am
Venue: Room no. 5

Deepshikha Singh
Coordinator, Prayas JAC
Society

Ms. Nirmala Muralidhar
Ms. Perna Butta
Teacher Coordinators

Prof. Swati Pal
Principal, JDMC

A talk on "Child trafficking & bonded labour" – 27th September, 2022



A talk on "Child trafficking & bonded labour" – 27th September, 2022



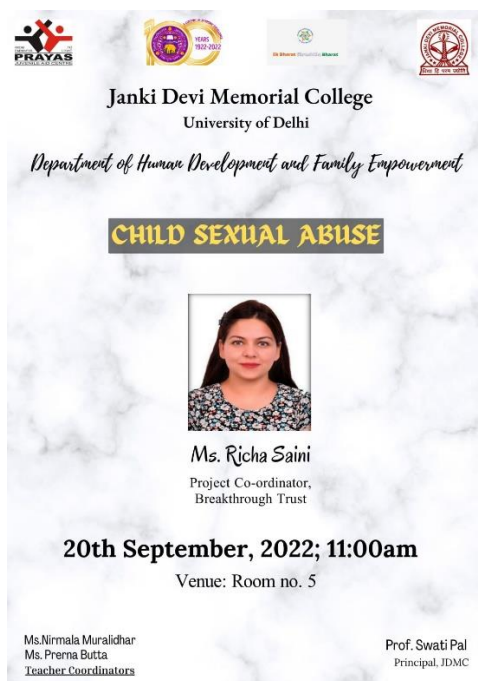
A talk on "Child trafficking & bonded labour" – 27th September, 2022



A talk on "Child trafficking & bonded labour" – 27th September, 2022

12. A TALK ON "CHILD SEXUAL ABUSE" – 20TH SEPTEMBER, 2022

The Department of Human Development and Family Empowerment, JDMC organised a talk, titled "Child Sexual Abuse" on 20th September, 2022. The talk was delivered by Ms. Richa Saini, Project Coordinator, Breakthrough Trust in Room No. 5. A total of 29 participants attended this talk (Students – 28, Faculty members – 1).



A talk on "Child Sexual Abuse" – 20th September, 2022



A talk on "Child Sexual Abuse" – 20th September, 2022



A talk on "Child Sexual Abuse" – 20th September, 2022



A talk on "Child Sexual Abuse" – 20th September, 2022

13. A talk on ‘Children in Difficult Circumstances: Care and Protection’ – 13th September, 2022

The Department of Human Development and Family Empowerment, JDMC in collaboration with Prayas, JAS Society organised a talk, titled “Children in Difficult Circumstances: Care and Protection” on 13th September, 2022. The talk was delivered by Ms. Deepshikha Singh, Senior Manager, Prayas Institute of Juvenile Justice Prayas, JAC Society in Room No. 5. A total of 31 participants attended this talk (Students – 29, Faculty members – 2).



A talk on ‘Children in Difficult Circumstances: Care and Protection’ – 13th September, 2022



A talk on 'Children in Difficult Circumstances: Care and Protection' – 13th September, 2022



A talk on 'Children in Difficult Circumstances: Care and Protection' – 13th September, 2022



A talk on ‘Children in Difficult Circumstances: Care and Protection’ – 13th September, 2022

14. WEBINAR ON CELEBRATE A WORLD OF FLAVORS – 9TH SEPTEMBER, 2022

The Department of HDFE, JDMC organised a webinar titled "Celebrate a world of flavors" on 9^h September, 2022 in the National Nutrition Month. The speaker for this workshop was Ms. Mamta Marwaha, Associate Professor, Department of Food Technology, SPM College, University of Delhi. The webinar was very interesting and informative. The speaker talked about various topics, like healthy eating, portion size, food safety guidelines, and Importance of drinking water to name a few. A total of 38 participants attended this webinar on Zoom platform,



Janki Devi Memorial College

University of Delhi

Department of Human Development and Family Empowerment

National Nutrition Month

(September, 2022)

CELEBRATE A WORLD OF FLAVORS



Ms. Mamta Marwaha

Associate Professor,

Department of Food Technology, SPM College, University of Delhi

9th September, 2022; 9:30am

Platform: Zoom

Teacher Coordinators

Ms. Nirmala Muralidhar

Ms. Perna Butta

Prof. Swati Pal

Principal, JDMC

Webinar on celebrate a world of flavors – 9th September, 2022

Recording... You are viewing Mamta Marwaha's screen View Options

WHAT DOES HEALTHFUL EATING LOOK LIKE?

Unmute Start Video Security Participants 38 Polls Chat Share Screen Raise Hand Pause/Stop Recording Breakout Rooms Apps Whiteboards More End

Participants:

- Nirmala Muralidhar
- Janki Devi Memorial ...
- Palak.21bap897...
- Anima
- shalvi singh
- Mamta Marwaha**

Webinar on celebrate a world of flavors – 9th September, 2022

Recording...

TIPS TO REDUCE ADDED SUGAR IN OUR DIET

- Sweeten yogurt with fruits.
- Add cinnamon and dried fruits to breakfast cereals.
- Encourage healthier drinks like plain milk or water for young children.
- Use 100% fruit juice with pulp for making fruit punch.
- Replace ice cream with low fat milk/yogurt in homemade smoothies.

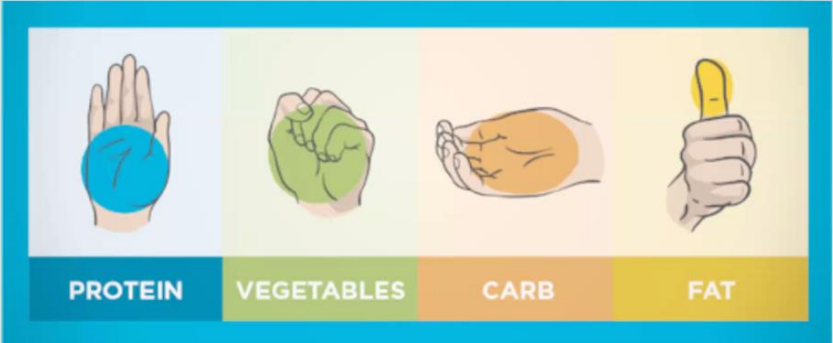
Participants:

- Mamta Marwaha**
- Janki Devi Memorial ...
- Nirmala Muralidhar
- Tulsi Vishwakarma
- Palak.21bap897...
- Prerna Butta

Webinar on celebrate a world of flavors – 9th September, 2022

Recording... You are viewing Mamta Marwaha's screen View Options

3. WATCH PORTION SIZE



The infographic shows four hand gestures in a row, each representing a different food category and its portion size:

- PROTEIN:** A blue hand with a blue circle on the palm.
- VEGETABLES:** A green hand with a green circle on the palm.
- CARB:** An orange hand with an orange circle on the palm.
- FAT:** A yellow hand with a yellow circle on the palm.

Unmute Start Video Security Participants 37 Polls Chat Share Screen Raise Hand Pause/Stop Recording Breakout Rooms Apps Whiteboards More End

Nirmala Muralid...
Nirmala Muralidhar

Janki Devi Mem...
Janki Devi Memorial ...

Palak.21bap897...
Palak.21bap897@jdm...

Anima
Anima

shalvi singh
shalvi singh

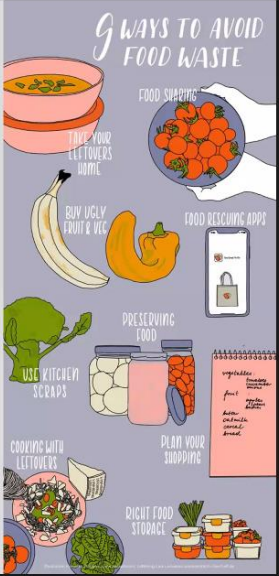
Mamta Marwaha
Mamta Marwaha

Webinar on celebrate a world of flavors – 9th September, 2022

Recording...

19. MAKE AN EFFORT TO REDUCE FOOD WASTE

- Check what foods you have on hand before stocking up.
- Only buy perishable foods you will use or freeze within a couple of days.
- Get creative with leftovers. Transform leftover veggies and meat into soups, salads or sandwiches. They can be wrapped in a tortilla or stuffed in a Pita or made into a frankie.
- Donate extra food to a local shelter.
- Consider composting.



The infographic titled "9 WAYS TO AVOID FOOD WASTE" includes the following tips:

- TAKE YOUR LEFTOVERS HOME
- BUY UGLY FRUIT & VEG
- FOOD RESCUING APPS
- PRESERVING FOOD
- USE KITCHEN SCRAPS
- COOKING WITH LEFTOVERS
- PLAN YOUR SHOPPING
- RIGHT FOOD STORAGE

Mamta Marwaha
Mamta Marwaha

Janki Devi Mem...
Janki Devi Memorial ...

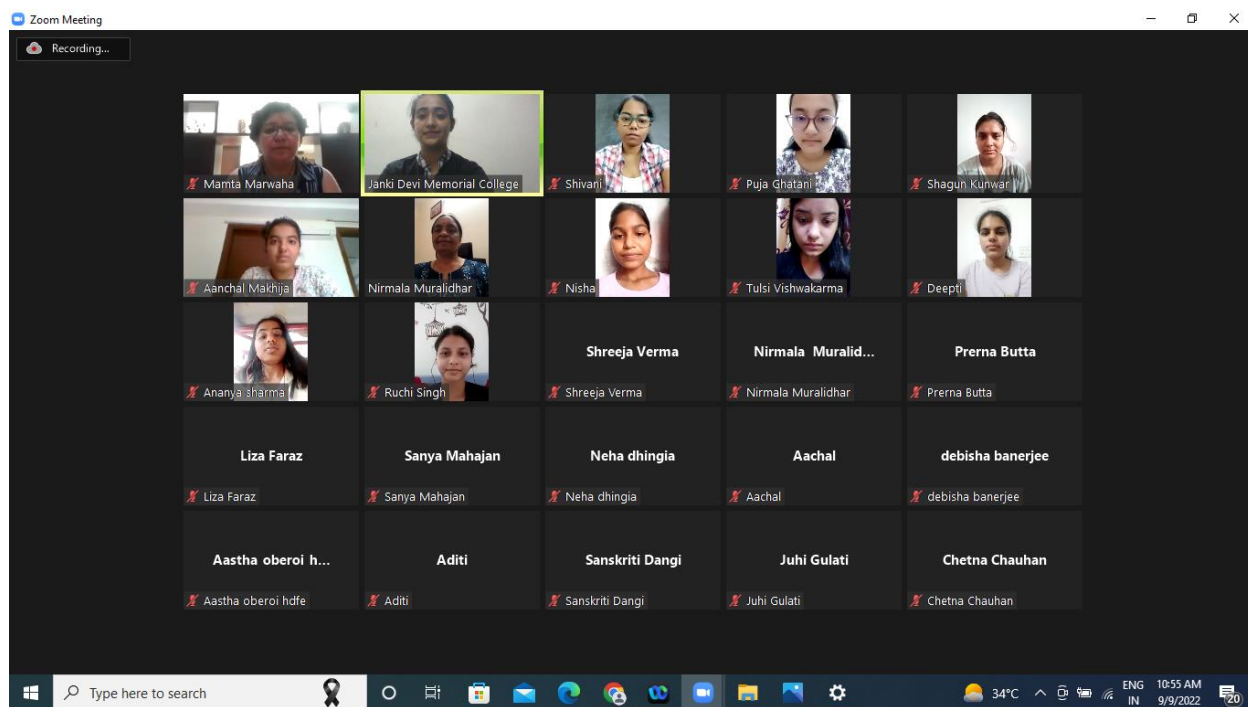
Nirmala Muralid...
Nirmala Muralidhar

Tulsi Vishwakarma...
Tulsi Vishwakarma

Palak.21bap897...
Palak.21bap897@jdm...

Prerna Butta
Prerna Butta

Webinar on celebrate a world of flavors – 9th September, 2022



Webinar on celebrate a world of flavors – 9th September, 2022

15. WORKSHOP ON ART OF COMMUNICATING AND ENGAGING MINDFULLY – 16TH AUGUST, 2022

The Department of HDFE, JDMC in collaboration with Eunoia you organised a workshop titled "Art of Communicating and Engaging Mindfully" on 16th August, 2022. The speaker for this workshop was Ms. Kirti Khatri, Communication specialist and Personality development trainer. The workshop of very engaging. A total of 23 participants attended this workshop (Students – 21, Faculty members – 2).



JANKI DEVI MEMORIAL COLLEGE

DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY EMPOWERMENT

in collaboration with
EUNOIAYOU



MS KIRTI KHATRI

COMMUNICATION SPECIALIST | PERSONALITY DEVELOPMENT TRAINER | 7+ YEARS OF EXPERIENCE | TRAINED OVER 1500+ STUDENTS AND 700+ WORKING PROFESSIONALS | TEFL SPECIALIST IN BUSINESS ENGLISH TEACHER TRAINING

ART OF COMMUNICATING & ENGAGING MINDFULLY

ON 16TH AUGUST 2022, TUESDAY & 9:30 AM ONWARDS

RUCHI RATHI (EVENT COORDINATOR, EUNOIAYOU)

MS. NIRMALA MURALIDHAR
MS. PRERNA BUTTA
(FACULTY COORDINATORS, JDMC)

PROF. SWATI PAL
(PRINCIPAL, JDMC)

More Information :

+91 7740967555

www.eunoiayou.com

Workshop on Art of communicating and engaging mindfully – 16th August, 2022



Workshop on Art of communicating and engaging mindfully – 16th August, 2022







Workshop on Art of communicating and engaging mindfully – 16th August, 2022



Workshop on Art of communicating and engaging mindfully – 16th August, 2022

16. INDEPENDENCE DAY DRIVE – 7th August, 2022 to 14th August, 2022

The Department of Human Development and Family Empowerment under the aegis of JDMC-IQAC Center for Extension and Outreach Activities in collaboration with Robinhood Army (RHA) organized an Independence Day Drive, where we distributed dry ration to the people in need. RHA, Central Delhi and Department of HDFE conducted five drives in Central Delhi and distributed **1610 Kgs** of dry ration.



JANKI DEVI MEMORIAL COLLEGE
(University of Delhi)

Department of Human Development and Family Empowerment
Under the aegis of
JDMC-IQAC Centre for Extension and Outreach Activities
in collaboration with
Robin Hood Army
Organises

INDEPENDENCE DAY DRIVE



**THIS INDEPENDENCE DAY, WE ARE EMPOWERING
LIVES AND SERVING SMILES**

"Let's give a little something to someone who has nothing"

JOIN US AND BE A PART OF THIS MISSION

Donate Dry Ration
Atta, Dal, Chawal

Last date to contribute - 13th August, 2022

Ms. Nirmala Muralidhar Ms. Purna Butta (FACULTY COORDINATORS, JDMC)	Ms. Tanya Srivastava Mr. Rahul Kaushal (RHA REPRESENTATIVES)	Prof. Swati Pal (PRINCIPAL, JDMC)
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Independence Day Drive - 7th August, 2022 to 14th August, 2022



Independence Day Drive - 7th August, 2022 to 14th August, 2022



Independence Day Drive - 7th August, 2022 to 14th August, 2022



Independence Day Drive - 7th August, 2022 to 14th August, 2022

**17. SENSITIZING THE STUDENTS ABOUT THE INDEPENDENCE DAY DRIVE –
29TH JULY, 2022**

Volunteers (Robins) from Robin Hood Army sensitized the students about the Independence Day Drive



Sensitizing the students about the Independence Day Drive – 29th July, 2022



Sensitizing the students about the Independence Day Drive – 29th July, 2022



Sensitizing the students about the Independence Day Drive – 29th July, 2022

18. VISIT TO SENIOR CITIZEN'S HOME – 8TH JULY, 2022 AND 12TH JULY, 2022

First year students of HDFE department visited the Guru Nanak Sukhshala (Old Age Home). They interacted with the senior citizens gained many life lessons from the experiences shared by them.



Visit to Senior Citizen's Home – 8th July, 2022 and 12th July, 2022



Visit to Senior Citizen's Home – 8th July, 2022 and 12th July, 2022



Visit to Senior Citizen's Home – 8th July, 2022 and 12th July, 2022

**19. LECTURE SERIES ON “AN OVERVIEW OF ADULTHOOD AND AGEING –
23rd MAY, 2022 TO 3rd JUNE, 2022**

The Department of HDFE under the aegis of JDMC-IQAC Centre for Extension and Outreach activities in collaboration with Prachi Educational Society organized a lecture series titled “An overview of Adulthood and Ageing” from May 23rd, 2022 to June 3rd, 2022. The speaker for this lecture series was Dr. Bhavna Bharmi, Clinical Psychologist. A total of 68 participants completed this lecture series.

Session Details

SESSION	DATE	TOPIC
Session 1	23 rd May, 2022	Introduction – about ageing, stages
Session 2	24 th May, 2022	Types of Ageing and theories
Session 3	30 th May, 2022	Issues and Challenges of Old age
Session 4	31 st May, 2022	Domains describing Successful ageing
Session 5	1 st June, 2022	Senior Citizen Homes
Session 6	2 nd June, 2022	Government Programs for the elderly
Session 7	3 rd June, 2022	Social attitudes, Movie Discussion



Janki Devi Memorial College

University of Delhi

Department of Human Development and Family Empowerment

Under the aegis of

JDMC-IQAC CENTRE FOR EXTENSION AND OUTREACH ACTIVITIES

in collaboration with

Prachi Educational Society

Organises

AN OVERVIEW OF ADULTHOOD & AGEING (LECTURE SERIES)



Date - 23 May 2022
Time - 4 PM onwards



Platform - Zoom

Prof. Rama Patnayak

Hony. President
PES

Nirmala Muralidhar

Director, Centre for Extension
& Outreach Activities

Prof. Swati Pal

Principal
JDMC

meet.google.com/pnq-dyuk-egz

3:57 PM | pnq-dyuk-egz

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22°C Mostly sunny

ENG IN 3:57 PM 5/24/2022

meet.google.com/pnq-dyuk-egz

Lavanya Sharma is presenting

Physical Changes

Deterioration of hearing and vision

Immune system is weakened

Decreased mobility and loss of balance

Decreased sensitivity of taste, touch, and smell

Increase in cardiovascular and respiratory problems

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22°C Mostly sunny

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